



## **Open with Play Time**

Welcome each Kid-O into the room as they arrive. Help them find a toy or game to encourage engagement during play time.

### **\_\_:20 Music & Worship: Pick a song**

Have Kid-Os use scarves, ribbons, or instruments as you lead them in singing. Encourage the Kid-Os to use their hands, feet, and voices as they worship God!

### **\_\_:25 Group Time**

Follow the Group Time Guide on the next page.

### **\_\_:35 Coloring**

Hand out the Bible story coloring sheets and coloring utensils. Encourage the Kid-Os to color a picture to take home!

## **End with Play Time**

Allow the Kid-Os to play or color until they are picked up. Before each Kid-O leaves match their name tag to the grown-up's security tag.



## Group Time Guide

**Supplies Needed:** Baby blanket/towel/parachute and soft balls/wads of paper

### 1. Circle Up

**Circle Up:** Have all Kid-Os sit in one section of the room for story time.

### 2. Bible Story: Joseph's Story

**Do This:** Read through the Bible Story at least one time. If Kid-Os are engaged, feel free to read it a second time.

### 3. Hands-On Option: Highs and Lows

**Say This:** Joseph decided to trust God when things were going good in his life AND when things were going bad in his life. He trusted God in the highs and the lows. Things were HIGH in Joseph's life when he was close to his family and when he became like a king! Things were LOW in his life when he was sold by his brothers and put in jail! But Joseph trusted God in the highs and the lows! Let's have some fun with the highs and lows!

**Do This:** Grab your blanket/towel/parachute and have the kids all hold the edges of it. Explain that just like in life there are lots of highs and lows, we are going to make this blanket/towel/parachute move high and low by shaking it!

OPTION 1: Place the balls/wads of paper on top of the blanket/towel/parachute and shake it. As you shake it, say "I can trust God!". When all the balls fall off, grab the balls and repeat as interested.

OPTION 2: Without using the balls/wads of paper, have the kids grab the edges of the blanket/towel/parachute and have them lift it up HIGH. Say "I can trust God!" Then have them bring it down LOW. Say "I can trust God!"

**The Point:** I can trust God in the highs and the lows!

### 4. Prayer

**Do This:** Pray! "Dear God, we love you. Thank you for loving us. Help us to trust you in the highs and the lows. Amen."