



## **Open with Play Time**

Welcome each Kid-O into the room as they arrive. Help them find a toy or game to encourage engagement during play time.

### **\_\_:20 Music & Worship: Pick a song**

Have Kid-Os use scarves, ribbons, or instruments as you lead them in singing. Encourage the Kid-Os to use their hands, feet, and voices as they worship God!

### **\_\_:25 Group Time**

Follow the Group Time Guide on the next page.

### **\_\_:35 Coloring**

Hand out the Bible story coloring sheets and coloring utensils. Encourage the Kid-Os to color a picture to take home!

## **End with Play Time**

Allow the Kid-Os to play or color until they are picked up. Before each Kid-O leaves match their name tag to the grown-up's security tag.



## Group Time Guide

**Supplies Needed: Picture Bible**

### 1. Circle Up

**Circle Up:** Have all Kid-Os sit in one section of the room for story time.

### 2. Bible Story: King David

**Do This:** Read through the Bible Story at least one time. If Kid-Os are engaged, feel free to read it a second time.

### 3. Hands-On Option: If You're Happy and You Know It

**Say This:** King David was a lot like you and me! Sometimes he was scared. Sometimes he needed to apologize. Sometimes he was happy. But no matter how he was feeling, he always trusted God! And we can too! God wants us to talk to Him and trust Him no matter how we are feeling!

**Do This:** Grab a Bible with lots of pictures and have the kids look at some of the pictures and name and display the emotions they see. Find someone who is sad, happy, mad, scared, crying, dancing, etc. Once you identify the emotion with the kids, ask them if they think they can trust God with that emotion! The conversation could look like this: *"Let's look at some pictures in our Bible. Oh! This person looks so sad! Can I see your sad faces? Oh! Those are sad faces! Do you think we can trust God when we are sad? We can! Let's see if we can find another emotion!"*

After you've looked at several emotions, sing "If You're Happy and You Know It" with the kids using these changed lyrics and making your faces match each emotion:

If you're (happy/sad/mad/scared) and you know it trust in God (*clap clap*)

If you're (happy/sad/mad/scared) and you know it trust in God (*clap clap*)

If you're (happy/sad/mad/scared) and you know it then your prayers will surely show it

If you're (happy/sad/mad/scared/) and you know it trust in God (*clap clap*)

**The Point:** I can trust God when I'm happy and when I'm sad!

### 4. Prayer

**Do This:** Pray! "Dear God, we love you. Thank you for loving us. Help us to trust you when we are happy and when we are sad. Amen."