



God made 7,457 promises to us in the Bible—promises to save us, forgive us, cleanse us, strengthen us, guide us, give us wisdom, and resurrect us after we die. And we can receive these promises when we say yes to God.

Discussion Questions

1. What are some of the most important times you've said yes over the years?
2. What are some of the labels you've given yourself? Compare those labels with who God says you are. How are His labels different from yours?
3. **Read Zechariah 4:10.** Sometimes it's hard to get started. What are some things you want to begin? How can you start at least one of them this week?
4. When have you received something that you didn't earn or deserve? Was your instinct to turn it down or did you gladly accept it? What is your reaction to the free gift that God is offering you—do you keep turning it down or have you said yes to Him? Why?

Challenge

Read the book of Ephesians this week. As you read it, ask yourself, "According to this book, who does God say I am and what has He created me to do?" Journal your answers and reflect of what God is calling you to change—in your actions or simply your own view of yourself.

Commit to Memory

If you confess with your mouth that Jesus is Lord and believe in your heart that God raised Him from the dead, you will be saved. **Romans 10:9**