



Your relational success is dependent on your ability to give and receive forgiveness. Because the difference between a good relationship and a great one often comes down to one simple phrase: *I'm sorry*.

### Discussion Questions

1. How have the words *I'm sorry* made a difference in your relationships—whether you're the one to say them or receive them?
2. How easy or difficult is it for you to admit that you're wrong and ask for forgiveness? Why?
3. Talk about the difference between feeling bad you got caught sinning and being broken over your sin. What do the outcomes look like in each of those situations?
4. **Read Matthew 7:3-5.** Why is it so much easier to see sin in others rather than in our own lives? What areas of your life do you need to examine and potentially ask for forgiveness?

### Challenge

Take some time this week to reflect on if there are any people you need to apologize to, or even if you need to come before God to ask for forgiveness. Address those areas, even if it's painful, and use the verse below as a daily prayer.

### Commit to Memory

Create in me a pure heart, O God, and renew a steadfast spirit within me.  
**Psalm 51:10**