



Group Time Guide

Supplies Needed: None

1. Time to Talk

Look Up and Read: Philippians 4:6. This verse tells us to pray about everything.

- Who is someone you love to talk to?
- Do you think prayer could help Beka? What would you encourage her to do if you could give her advice?
- What are some examples of things we might talk to God about? (Telling Him thank you, talking about how we feel, telling Him when we're scared, asking him to forgive us for wrong things we've done, asking Him for help.)
- Is there anything you would like to talk to God about right now?

Do This: Pray, mentioning the things the kids talked about.

2. Activity

Say This: The point of prayer is getting to know God better and being ourselves while we're talking to Him. That's why we're going to get to know each other better with a get to know you game!

Do This: Have each kid say their name and something they like to do. (Example: My name is Bob and I like to surf.) You can do motions for the things they like to do, if they are up for it. Then, have everyone repeat their name and the thing they like to do. Go around the group until everyone has gotten to introduce themselves, then see if you can remember everyone's names and what they like to do!

Discuss: Since we're talking about prayer today, what might be a good time each day for you to spend a couple minutes talking to God?

The Point: God will always hear you when you talk to Him, and you can talk to Him about anything. He knows you and loves you.