



Group Time Guide

Supplies Needed: None

1. Time to Talk

Look Up and Read: Hebrews 12:2 This verse is about trusting and following Jesus throughout our lives.

Discussion Questions:

- What do you think having "faith" in someone means? (Believing someone, trusting what they say, or trusting they'll do the right thing.)
- Do you think Josh's plan to never be afraid again will work? Why or why not?
- Can you think of an example of putting your faith in someone, really trusting them? (Trust fall, letting someone borrow something of yours, believing that what someone says is true.)

Ask: Is there something happening that is exciting right now? Is there anything happening that is tough for you right now?

Pray: Talk to God, including relevant things mentioned in your discussion.

2. Activity

Do This: Play a game of Simon Says! Give a series of instructions, and have kids follow them. The catch is, they only do what you say if you say "Simon says" before giving the instruction. If kids do something that "Simon didn't say" to do, they sit down and are out.

Ideas: Stand, sit, jump, turn around, hands on head, touch feet, clap, point up, point down, touch your nose, stand on one foot.

Say This: It takes some focus and concentration to follow the leader!

Discuss: The verse we read says to focus on Jesus. How do we learn about Jesus and get to know Him? (Come to church, read the Bible, pray)