

# A NEW FRONTIER





# Group Time Guide

Supplies Needed: Stress Ball.

## 1. Time to Talk

**Look Up and Read:** 1 Corinthians 12:15-20, and 27. These are verses about how our bodies have different parts, but every part has a purpose.

- What are some things your feet can do that your hands can't? What about your ears, eyes, or nose?
- Is every person good at all the same things? (No) What are some different things people might be good at?
- Why do you think Josh is stressed? (He's trying to do a lot of things at once.) What could Beka do to help him?
- What are some things that you need more than one person to do? (Team sports,

## 2. Activity

**Say This:** Earlier we read some verses about how different parts of us are designed to do different things. Our hands can write and pick things up, our feet and legs can run and jump, our noses can smell, ears can hear, and eyes can see.

**Do This:** Try doing the following activities but listed by each one is a part of your body you can't use.

Try: Jump 10 times without one foot. Touch the ground and stand up while only using one foot. Do a somersault with your eyes closed. Pick up a ball using only your knees. Stand up without using your hands or arms. Run to a nearby wall using only one foot.

**Discuss:** Which one of those things was toughest?

**Discuss:** What are some different things people do to serve at church? (Clean, teach, make food, welcome people.)

**The Point:** God set up the church because we need each other! We were meant to follow Him together, even though we are all different. He made you able to do so many good things, and when we're all together as the church, we can change the world by sharing God's love with others.