



Adult Group Leader: COVID-19 Information

For Session 2, which begins the week of February 14, we are planning for groups to be able to meet in-person if they desire. Because our next session doesn't start until mid-February, we are optimistic that the continued loosening of restrictions will allow for in-person group meetings in homes.

As owners of Eagle Brook's *Connect in Community* value, we hope to see two things in every group regardless of whether your group meets in-person, online, or a combination of both:

- Engaging group experiences
- Relationships that can help transform lives

God has been doing some incredible things in and through our groups already—and we are confident he'll continue to do so. Thanks so much for your willingness to be a part!

GROUPS MEETING ONLINE

Many of you have already led a group online this past fall and plan to continue doing so for Session 2. With the differing comfort levels that people have with meeting in-person, having campus specific online groups are an integral part of our Groups strategy.

- Groups meeting online should use a reliable platform to meet, such as Zoom.
- If you aren't familiar with Zoom, please see the "*Bringing Your Group Online*" video on our group leader website (ebcgroupleaders.com).

GROUPS MEETING IN-PERSON

We will continue to focus on providing in-person groups because we believe that meeting together physically is how the majority of people feel connected in community.

While we don't know exactly what the guidelines will look like when Session 2 begins, we believe that they will be close to what they have been previously.

- Limit group attendance to 10 people if meeting indoors.
- Maintain social distancing guidelines.
- Wear masks while arriving, transitioning, or leaving the group setting.
- Wear masks during discussion time if you aren't able to maintain social distance of at least 6 ft.
- Stay home if you are sick (if group is usually at your home, find an alternative location and leader or cancel the meeting).
- Limit food served and choose pre-packaged snacks.

As Session 2 begins, please consult the current guidelines from the CDC and the MN Department of Health. <https://staysafe.mn.gov/individuals-families/social-gatherings.jsp>