

ADVENTURE AWAITS





Group Time Guide

Supplies Needed: None

1. Introductions

Circle Up: Have each Kid-O wave at everyone else as they sit down in a circle. Encourage each Kid-O to say their name.

2. Discussion Questions

- What tough things did God help Moses with? (Getting away from Pharaoh, getting across the Red Sea.)
- What are some tough things we might have to do? (Say we're sorry, try something new, share with someone, forgive someone.)

Repeatable Phrases: "God is always with me." "I can always trust God."

3. Hands-On Option

Do This: Follow the steps below to act out the story of Moses and the Red Sea.

1. Moses and God's people were set free! Can you cheer?
2. They stopped by the Red Sea. Can you make sounds like ocean waves?
3. Pharaoh got angry and chased after them! Can you pretend to ride horses?
4. God split the sea in half so they could walk through! Can you walk in place?
5. The people sang and danced because God had saved them. Can you dance?

The Point: God helped Moses and the people of Israel, even when they didn't know what to do. God is with us and will still help us today, too!

4. Big Idea, Memory Verse, and Prayer

Do This: Practice the Big Idea and Memory Verse with the kids.

Memory Verse: Psalm 121:1-2 – "I look up to the mountains. Where does my help come from? My help comes from the Lord. He is the Maker of heaven and earth."

Big Idea: God can help me do hard things.

Do This: Encourage them to talk about what they learned with their grown-ups.

Do This: Pray! "Dear God, we love you. Thank you for loving us. Help us to trust you when we need to do hard things. Amen."