

ADVENTURE AWAITS





Group Time Guide

Supplies Needed: None

1. Introductions

Circle Up: As you come into the room, have Kid-Os say “hi” to someone else in the circle as they sit down. Encourage each Kid-O to say their name.

2. Discussion Questions

- What did Nehemiah do when he needed help? (He talked to God and asked him for help.)
- What is something you want God to help you with?

3. Hands-On Option

Do This: Challenge all of the kids to stand on one foot for a minute without putting their other foot down. This should be very difficult. When the minute is up, have them sit back down.

Say This: That was a really difficult challenge! Do you think this challenge would be easier if you asked someone to hold your arm while you were standing on one foot? Yes, it would help a lot! There are many things in life that are hard to do on our own and God wants us to ask him for help!

The Point: We can always ask God for help. God is always listening to us and loves to help us when we ask him to.

4. Big Idea, Memory Verse, and Prayer

Do This: Practice the Big Idea and Memory Verse with the kids.

Memory Verse: Joshua 1:9 – “Be strong and brave. Do not be terrified. Do not lose hope. I am the Lord your God. I will be with you everywhere you go.”

Big Idea: I can ask God for help.

Do This: Encourage them to talk about what they learned with their grown-ups.

Do This: Pray! “Dear God, we love you. Thank you that we can always ask you for help. Amen.”