

BUILD IT UP





Group Time Guide

Supplies Needed: Blocks, Bean Bag

1. Introductions

Circle Up: Have Kid-Os sit down in a circle as quickly as they can and give you a “thumbs up” when they are ready to listen.

2. Discussion Questions

- Who died on the cross and rose again so we could be close to God? (Jesus)
- What does it mean to follow Jesus? (We make Jesus the leader in our life, we do the things he says are right.)

3. Hands-On Option

Do This: Build a tower out of blocks. First try to build a tower on the bean bag (shaky foundation) and notice how it keeps falling. Then, build a tower on the floor (firm foundation) and notice how you can build it up strong and tall.

The Point: Following Jesus is like that firm and strong foundation. It is the most important choice we can make if we want to build up our faith and make it strong. When we choose to follow Jesus, he will always be with us to help us, forgive us, and love us.

4. Big Idea, Memory Verse, Stickers, and Prayer

Do This: Practice the Big Idea and Memory Verse with the kids.

Memory Verse: Colossians 2:7 – “Build yourselves up in Him. Grow strong in what you believe.”

Big Idea: I can choose to follow Jesus.

Do This: Encourage kids to talk about what they learned with their grown-ups.

Do This: Pray! “Dear God, we love you. Thank you for loving us. Help us to choose to follow Jesus and make him the leader in our life. Amen.”