

Summer Camp Parent Guide 2022

Office Hours: Monday – Friday 8:30 AM – 5:00 PM (Closed Saturday and Sunday)

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We look forward to having your camper join us at Camp Shamineau this summer! We send out a lot of emails during the week your camper is here. **Be sure to check your junk or spam email just in case our emails end up there, so you don't miss important information.**

WHAT TIME IS CHECK IN?

5:30 – 7:00 PM Arrive at camp and check in. **SUPPER WILL NOT BE SERVED SO BE SURE YOUR CAMPER EATS BEFORE THEY ARRIVE**

Follow the signs to the parking area and staff will meet you there to give your child their cabin assignment.

Go to the Gym ONLY if you need:

- To turn in all your medications (prescription and over-the-counter) to the health staff.
- To drop off mail for your camper.

The Gym is located next to the parking lot.

If you are registered for the short week, July 6-8, check in will be from 4-5 PM on July 6 and supper will be served.

WHAT TIME IS CHECK OUT?

Check out is at 11:30 on the last day of camp. Meet your campers in the ballfield by the gym.

Campers' luggage will be at the gym, sorted by cabins. **Campers will only be released to someone listed on their account as an approved person to pick up the child.** If you are not personally picking up your child at camp, make sure that you have listed the person picking up your child on your child's record. **PARENTS WHO ARE PICKING UP THEIR CHILD MUST ALSO BE LISTED ON THEIR CAMPER'S RECORD.**

LATE ARRIVAL AT CHECK IN

If you do not think you will make it to camp by the end of check-in (7:00 PM) please notify the camp office.

EARLY DEPARTURE

We would ask that you do not check out your camper early unless it is absolutely necessary. If your child needs to be picked up earlier on Friday, please contact the camp office.

GETTING TO CAMP

Directions to Camp - 2345 Ridge Rd, Motley, MN. Camp Shamineau is located about an hour north of St Cloud (just south of Motley) on Highway 10. Watch for the "Camp Shamineau" or "Ridge Road" signs at mile marker 120. Camp Shamineau is 1 1/2 miles east of Highway 10 on Ridge Road.

HOW MANY CAMPERS WILL BE IN THE CABIN WITH MY CHILD? HOW MANY COUNSELORS?

Camper/Staff Ratio

Children are typically placed in cabin groups of up to 10 campers with 2 counselors to each cabin.

Cabin Assignments

Cabin assignments are made 10 days before each camp session and we do not release the cabin name to campers ahead of their arrival.

1. **The maximum number of friends that will be housed together in a cabin is 5.**
2. Groups larger than 5 friends will need to be divided. Parents will be contacted regarding recommendations on how to divide the group.
3. If a group of friends fills a cabin, they can be housed together. Filling a cabin is 10 campers (or 9 campers on the Island camps).

Do not make Cabin Mate changes online beginning 10 days prior to your camp session. If you have any cabin mate changes to make 3-10 days before your camp session, call our office. **We cannot guarantee placement of any last minute cabin mate changes.**

WHEN IS THE BALANCE DUE ON MY CAMPER'S ACCOUNT?

Your balance is due 2 weeks prior to your camp session.

YOUR FAMILY ACCOUNT

We get a lot of emails and phone calls from parents with questions concerning their family accounts. One of the best things you can do is get familiar with how to use your family account. Keep track of your username and password as that will get you into your account. If you forget your username and password give us a call and we can help you with that.

"HOW TO" ONLINE – to log into your family account go to www.shamineau.org, Click on My Account and enter your username and password.

To make changes to your camper's health form or medication list click on your camper's name then scroll down and click on the Forms or Medications options and make any changes.

To make changes to your reservation click on the actual reservation. That will bring you to a page that lists all your reservation details.

- To add a Shamineau care package click on their individual reservation and then the EDIT button next to the Options line.
- To add spending money to their Camp Store Account, (Tenderfoot, Trailblazers, Cowpoke only) click on their individual reservation and then the EDIT button next to the Store Deposit line
- To add a cabin mate or check on the cabinmates listed click on their reservation and then click on Additional Information – cabin mates.
- To add an approved pickup person, click on Pickup Authorization and make your changes.

PHOTO GALLERY, VIDEO OF YOUR CAMPER'S WEEK

While your camper is at camp you can view pictures on our website or facebook page or upload the Camp Shamineau App to your phone. On the website go to "At Camp" and the click on Camp Life Blog. On the app just click on Camp Life Blog. After the camp session you will receive an email with a link to that week's video for you to access as well as their cabin picture.

CAMPER'S SPENDING MONEY

During the week campers can go to the camp store and buy snacks or Camp Shamineau souvenirs and clothing items. The store features t-shirts (from \$10-\$15) sweatshirts (from \$25-\$40) and much more! An offering is also received each week.

Trailblazers and Cowpoke campers have the option of using the camp bank/camp store account or keeping their own spending money. Voyager, Island, Ranch Hand and Encounter campers will be responsible to keep their own spending money and will not have a camp bank/camp store account.

If Trailblazer and Cowpoke campers choose to keep their money in a camp bank/camp store account their spending money needs to be deposited into the camper's account before they arrive at camp. To put money in your camper's bank/store account:

- Log into your family account (My Account) at www.shamineau.org
- Click on your camper's registration – example: Trailblazer
- Click on the **Edit** button next to the Store Deposit line.

On Sunday night after check in we transfer all camp store money into a separate file for the week. Campers can stop by the Camp Bank and withdraw money Monday-Wednesday to be spent at the Camp Store. On Thursday all unspent money is returned to the camper as cash.

Please DO NOT add any spending money to the camper's account after check-in on Sunday night as it will not be credited to their spending account for the week.

SHAMINEAU CARE PACKAGES - optional

Camp Shamineau Care Packages are an easy way for your child to receive a treat. A Care Package contains items handy for camp, snacks and Shamineau souvenirs and can be purchased for \$20. You can order these items with your registration or add them at check in and they will be delivered to your child early in the week.

WATERFRONT

Our waterfront has a dock system that divides the shallow part of the swim area from the deeper part. All campers are allowed to swim in the shallow areas and those who wish to swim in the deeper sections will be individually tested. They must pass this test to swim in the deep water. Certified lifeguards supervise all swimmers. Lifejackets are provided by Camp Shamineau for all necessary activities.

CAMPER T-SHIRTS

Campers will get their camp t-shirt on Sunday night during their camp tour with their cabin. The size of their t-shirt will be the one listed on the registration form by the parent.

HOW DO YOU HANDLE MY CHILD'S HEALTH NEEDS?

We take every precaution to ensure the health and safety of each camper. Your child's health is our staff's main concern. Campers are welcome to see a nurse at any time. We want to keep campers healthy and happy, so they can have a great week of camp! Should your child require off-camp care, every attempt will be made to contact you first.

- Each camper is required to submit the completed medical information form. If you register online this form is part of your registration process. If you use the paper registration you will need to fill out the paper form.
- A well-equipped Health Center is located on site and staffed by medical personnel. We do have "over the counter" meds in stock so please do not send any ibuprofen, acetaminophen, Benadryl type products with your camper.
- Clinics and emergency room care are located within 12 miles of camp and many of our staff are Emergency Medical Technicians and First Responders.
- Camp Shamineau carries secondary medical coverage on campers. Medical bills resulting from injury while at camp must first be submitted to the camper's personal medical insurer.

Medications

Please bring meds in original containers. All medication (prescriptions, vitamins) must be turned in to the nurse during check in and will be administered as scheduled. Campers with inhalers should bring two, one to keep in their cabin and one to leave with the Camp Nurse. Bring an anaphylactic kit for severe allergies. Medications can be picked up in the ballfield on check out day at the Health Center table.

Special Dietary Needs – Camp Shamineau caters to the following dietary needs:

- **Gluten-Friendly Options:** Camp Shamineau offers gluten-friendly meal options at every meal. Please note gluten-friendly differs from gluten-free. Gluten-friendly meals are prepared in areas that also prepare non-gluten free meals. For example: a gluten-free pizza is cooked in the same oven that cooks a non-gluten free pizza. The only **Gluten-free** options will be individually wrapped products produced by a certified gluten-free company. These include muffins, cookies, and a few desserts.
- **Dairy-Free Options:** Camp Shamineau will provide a dairy-free meal option when necessary. Please let the camp kitchen know in advance.
- **Allergies:** Camp Shamineau does not serve peanut or tree nut products, but some of our products may be manufactured in facilities that also process nuts. Our snack shop does have candy that contains nuts and peanuts.
- **For all other allergies,** please contact the camp kitchen in advance to discuss what options may be available. **Guests have the option to bring their own food.** Refrigerated space and a microwave are available.

For more information contact: shamineaukitchen@gmail.com

Poison Ivy

Let your campers know that Poison Ivy grows abundantly in our area. Help them learn to identify it and encourage them to stay on well-traveled paths. Campers should always wash well after being in areas of possible poison ivy contact or use an alcohol-based waterless hand sanitizer. This will neutralize the oils on the skin.

SEVERE WEATHER

With summertime always comes the possibility of severe weather. Our directors monitor the weather constantly during any weather alerts, and the Morrison County Sheriff's department is always in direct contact with us at those times as well. Counselors are trained in procedures of safety in case of severe weather and we have a number of buildings on site with basements that campers are sent to. Island campers shelter in the lodge on the Island.

HOW DO I CONTACT MY CAMPER DURING THE WEEK?

Phones

At Camp Shamineau campers are only permitted to make or receive phone calls in emergency situations. Campers will also not be allowed to keep cell phones. Parents are requested to call for campers only in the case of an emergency. After 5:00 PM an answering machine will provide an emergency number. This after-hours phone is a limited use phone for emergencies.

Visitors

For security reasons visitors are not allowed during the camp week.

Camper Emails!

To send an email to your camper go to the website www.shamineau.org. then click "send an email to a summer camper". Emails will be printed off each morning at 9:00 AM. Due to system constraints campers will not be able to respond to your emails and the office staff will not be able to reply to emails directed to your camper. We also request that you don't send multiple emails each day. Keep your emails positive and encouraging as that will help keep your camper from feeling homesick.

Mail

Campers love to receive letters while at camp. If you are sending mail be sure to allow at least 3-4 days for the mail to arrive. Use our PO Box NOT our street address when addressing your letters.

Address your mail: Camp Shamineau
 Camper's Name
 PO Box 244
 Motley, MN 56466

Many parents bring their camper letters with them when they drop their camper off at camp. We will keep your camper's letters in our office and deliver them during the week. Be sure they are well marked with your child's name and drop them off at check in.

Due to the high volume of campers we cannot accept packages for your camper. Do not drop any off at check in or have any sent through the mail. If you have a special treat you want your child to have please put it in their suitcase ahead of their arrival.

WHAT HAPPENS IF MY CHILD GETS HOMESICK?

Preventing homesickness starts at home with you! Once at camp we do our best to help campers work through the feelings, but here are some suggestions that can make things easier for your child.

- Send your child with a good friend. Good supportive friends are a great prevention.
- Plan an overnight for your child before camp. This will help you evaluate if your child is ready for camp.
- Write them often while they are at camp. Keep your letters cheerful!
- If your child is significantly struggling with homesickness a staff member will call you to discuss the situation.

WHAT DOES MY CHILD NEED TO PACK FOR CAMP?

Bringing what your child needs can help to ensure a good camp experience. **Remember to mark all clothing and gear with the camper's name using nametags or permanent ink.** Keep in mind that no laundry service is available.

DO NOT BRING

Excessive snacks, music devices, cell phones, electronic games, immodest clothing, weapons of any kind, alcohol, fireworks, expensive items/clothing, drones. If they are brought, they may be collected, stored, and if appropriate, returned at the end of the week. Camp Shamineau is not responsible for lost, broken or stolen items brought by campers.

LOST AND FOUND

IMPORTANT - Mark all items with your child's full name with permanent ink. All items are discarded after 10 days. It is your responsibility to call camp and give us a detailed description of your lost items. If the reported items are found, we will call to make arrangements for your payment of the packing and shipping costs. Any towels, socks, undergarments, pillows, toiletries and wet or foul-smelling items will be discarded immediately.

PACKING LIST

When it comes to clothing, pack items that are modest. To us this means that swimwear adequately covers a camper's body, pants stay up, and we don't see their underwear. All girls should pack a one-piece swimsuit or modest tankini since most camp water activities are very active. Clothing that advertises alcohol or tobacco products is not allowed. If you don't think something will be right for camp, you should leave it at home.

Be sure to pack typical camp clothes - the kind you could afford to lose and don't mind getting really dirty! Due to the active nature of camp, all campers must have at least one pair of athletic/tennis shoes. Campers planning to ride horses must wear long pants with boots or lace-tied shoes. Please make sure your bag for dirty clothes is marked "DIRTY CLOTHES" and labeled with your child's name so it is not mistaken for trash.

- Jeans/Shorts
- Water Bottle
- Swimsuits (for girls - one-piece or modest tankini only, for boys – no speedos)
- T-shirts
- Sweatshirt/Jacket
- Pajamas/underwear/socks
- Boots or hard sole shoes if riding horses (riding boots not necessary, athletic shoes ok)
- Athletic/running Shoes
- Dirty Clothes Bag
- Sleeping Bag/Pillow/ OR Bedding that will fit a bunk or twin-size bed.
- Towels/Soap/Personal Care Items
- Bible – we do have extra Bibles available on site to use if you don't have one
- Stamps/Envelopes/Postcards for letters home
- Sunscreen
- Optional Items: Flashlight, bug spray

Island Campers: DO NOT BRING NICE CLOTHES! Showers are a jump in the lake.

Horse Campers: Bring long pants and hard soled boots, shoes or tennis shoes for riding. Riding helmets are provided and are mandatory during horse activities.

STAFF SELECTION AND TRAINING

All staff are chosen on the basis of their personal commitment to Jesus Christ, maturity, character and love for kids. Staff attend a minimum of a week-long training session and are regularly evaluated. Interviews, references and background checks are part of our hiring process

TYPICAL DAILY SCHEDULE

7:30	Morning Devotions (Lead Meeting)
8:00	Breakfast
8:30	Cabin Clean Up
9:00	Skills Activity
10:30	Cabin Time Activity
12:00	Lunch
12:30	Memory Verses
1:00	Amphitheatre
1:30	Rest Time
2:00	Free Time
3:30	Bible Exploration with Cabin
5:00	Supper
6:30	Chapel (Snack after Chapel)
8:00	Evening Activity
9:30	Evening Devotions
10:30	Lights Out