

**CHOOSE YOUR  
CHARACTER**





# Group Time Guide

Supplies Needed: Goodness Story Page.

## 1. Activity

**Say This:** Today we're talking about what it means that God is good.

**Discuss:** What do you think of when you think of "goodness"? (They may talk about always doing the right things, or always doing what's best.)

**Do This:** Read each of the "Goodness Stories." Each has a story, and a verse on it. They will show several ways that we see God's goodness, even through tough times.

**The Point:** God is always good. When we feel sad, He understands and helps us. When life gets tough, God is still with us. No matter what, we can keep trusting that God is good.

## 2. Discussion Time

**Look Up and Read:** Nahum 1:7. This verse is about God's goodness.

**Discussion Questions:**

- In your own words, what was Mrs. Kirby trying to tell Bri as they made smoothies? (Kind of like Mrs. Kirby was letting Bri learn how to make smoothies by experience, God helps us learn, even through tough things.)
- What is something good someone has done for you?
- What does that verse we read say God does for us? (He shelters the people who trust in Him.)
- What is something good you could do for someone else this week?

**Ask:** How is this week going for you? Is there anything you want God's help with?

**Pray:** Talk to God, including relevant things mentioned in your discussion.