

COUNTERINTUITIVE

Discussion Guide

INTRODUCTION

We know that the Bible is the inspired Word of God. It's full of truth and direction for our lives, but at times, the teachings can be confusing. They appear counterintuitive and seem backward, or contrary to what we might think. When you hear the phrase—confident in doubt—it doesn't make much sense. The world tells us that money, sex, job status and popularity will fill us. But what does the Bible say will fill us? We know God wants us to live "full" lives, but how do we find that? Let the scriptures and questions below help guide your discussion with this topic.

DISCUSSION QUESTIONS

1. Read **John 6:25-29**. Jesus is challenging his disciples to rethink what "fills" them. Have you struggled with this? What do you catch yourself seeking fulfillment in outside of Christ? How can you fight against that?
2. Read **John 6:68-69**. Peter speaks on behalf of the group and recognizes that if they walk AWAY from Christ, they must walk TOWARD someone or something else. Have you ever walked away from your faith? If so, what brought you back?
3. We see in **John 6** that the crowd and apostles faced the barrier of doubt. It kept them from finding their fulfillment in Christ because the concept was so counterintuitive. How can we as Christians help people we know who have walked away from Christ?
4. Jason taught the question to ask when you're facing into doubt isn't, "Why is this happening?" Or, "Why aren't you changing this?" The question we should ask is "To whom shall I go?" When you've faced into doubt in your life, and you've remained in Christ, how has he shown you his faithfulness? When you were struggling financially and kept giving, when your marriage was suffering and you kept pushing forward, when your friends went off to party and you stayed home instead—how has that blessed you? How have you experienced God in this counterintuitive attitude?
5. Read **Romans 8:38**, **Romans 8:28** and **Jeremiah 29:11**. Which verse resonates most deeply with you right now? How can you actively remind yourself of these truths?

THINK ABOUT IT

When facing into doubt, Jason encourages us to remember to ask ourselves "To whom shall I go?" Next time you face into a difficult circumstance, rather than challenging God and his care for you, remind yourself that his love for you never changes. Live the counterintuitive life that trusts God through anything and everything, and continues on a path toward him no matter what.

COMMIT TO MEMORY

"Then Jesus declared, 'I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty.'
John 6:35



GROUPS@EAGLEBROOKCHURCH.COM