



TRAILBLAZERS

June 19-25

**I AM
ACCEPTED
BY GOD JUST THE WAY I AM**

READ IT!

Read **Romans 15:7**. This verse is all about how Jesus has accepted us, and we can accept others.

Is it more difficult to accept yourself or others? Why?

Pepper and Soap Experiment

This weekend, we talked about the labels people give us. Some are good, but some are hurtful. The pepper in this experiment will show us what happens to those labels as we listen to what God says about who we are!

STEPS

1. Fill a bowl or pie tin with an inch of water.
2. Sprinkle pepper evenly across the surface.
3. Squeeze a tiny drop of dish soap onto a clean surface. Then touch the tip of a toothpick into the drop of dish soap.
4. Poke the soapy toothpick into the water right in the center of the tin.
5. Watch as the soap chases the pepper away!

When we believe what God says about us, those labels others give us don't matter as much. We can be the people God created us to be!

ACCEPTED AND GROWING!

God accepts you just the way that you are. God also wants to help you grow. Try this fun experiment and watch a seed grow into a bean plant. Here is what you need:

- Plastic zip-top bag
- One paper towel
- Bean seeds

First, fold the paper towel so it will fit in the bag. Get it wet and put it into the bag. Then add a couple of beans right on top of the paper towel. Seal the bag, and put it by a sunny window. Each day, make observations on what you are seeing!

Take a moment to thank God for accepting you just as you are and helping you grow into the person he wants you to become!



