

# the end of me



OCT. 31/NOV. 1  
THE END OF ME  
GUEST SPEAKER KYLE IDLEMAN

Jesus calls us to live a life that often flies in the face of what we naturally believe and how we personally feel. Because of this, most of us try to respond to Jesus with a more reasonable and measured approach. But it doesn't work. In order to truly follow Jesus and experience the life he wants for us, we must first find the end of ourselves.

## DISCUSSION QUESTIONS

1. We want to say "yes" to Jesus without having to say "no" to me. What areas in your life do you struggle with the most in saying 'no' to yourself?
2. In Matthew 5:3, Jesus says, "Blessed are the poor in spirit, for theirs is the kingdom of heaven." What does this verse mean to you? What about this verse is counter-cultural to us in today's society?
3. Read Luke 7:36-48. Which person do you want to be most like— Simon, the religious leader who is rich in spirit, to whom Jesus gives a strong rebuke or the woman, who was destitute and bankrupt in spirit, to whom Jesus forgives and offers a blessing? Why do you think we want to be blessed without having to be broken?
4. To be poor in spirit means that we need to stop trying to keep up appearances and ask God for his help. Are there areas in your life that you are trying to hide? What areas do you need to cry out to God for help or to be more vulnerable? What's been holding you back?

## CHALLENGE

Reaching the end of yourself is a daily journey you must make if you're going to experience the real and abundant life Jesus has for you. Write down steps you can take this week to do this every day.

## COMMIT TO MEMORY

"If any of you wants to be my follower, you must turn from your selfish ways, take up your cross daily, and follow me." **Matthew 16:24**