

We experience God at church in a way we wouldn't if we stayed home, but a one-hour church service each week isn't enough. God wants to speak to us every day through his Word. To be spiritually healthy, we need to be doing both.

DISCUSSION QUESTIONS

- Why is it important to make it a habit of being in church each week? What does **Hebrews 10:24-25** encourage us to do?
- 2. Read **Ephesians 5:25-27**. What does God refer the church to in this passage? How does that analogy show Christ's love for the church and how important it is to him?
- 3. During a typical week, how often do you spend time talking with your spouse or close friends? Compare that to how much time you spend with God. What similarities/differences do you see?
- 4. What do you need to cut out of your life in order to experience the fullness of an everyday relationship with Christ? The way we spend our time often indicates our priorities in life. Does how you spend your time in the week reflect what your top priorities are? If not, what needs to change?

CHALLENGE

Commit to the Spiritual Whole30—for the next 30 days, attend church each week and read the Bible for 10 minutes each day. To get started, text **Whole30** to **555888** and recieve 30 days of spiritual encouragement.

COMMIT TO MEMORY

Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near. **Hebrews 10:24-25**