

# DANGEROUS PRAYERS

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CHANGE ME

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Change is hard—which is why the prayer, “Lord, change me,” is a dangerous prayer. It’s easy to say we want to change, but to actually make the change happen? That’s another story. But when we ask God to change us, and put in the hard work to make that change happen, our lives can be transformed in the best possible way.

## Discussion Questions

1. What is something in your life that you have been wanting to change for a while? What’s holding you back from starting to make those changes?
2. **Read John 5:1-15.** Jesus told the man at the pool to stand up—a man who had been sick for 38 years! But that was the first step toward his healing. What action do you need to take today to put change into motion?
3. What bridges in your life do you need to burn if change is going to happen? Maybe you need to throw away the phone number, get rid of the computer, end a destructive relationship. What new structures can you put into place to help you?
4. **Read Ephesians 4:22-24.** What does it mean to “put off your old self” and to “put on the new self?” What part of your old self do you have the hardest time letting go of? What are some of the benefits of letting go of this part of your old self and embracing your new life in Christ?

## Challenge

Identify what it is that you need to change in your life. Then, take one step toward your goal of change this week, and ask a friend to hold you accountable on your journey toward change.

## Commit to Memory

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here! **2 Corinthians 5:17**