



God can do some of his best work in a dying or dreary marriage. Though it won't be easy or automatic, and it's going to take hard work, it's 100% worth the effort to build into your marriage and mend what's been broken.

Discussion Questions

1. Marriage is relatively easy when you take stress out of the equation. Add in kids, new jobs, house projects, a budget, and bills—and it's a different story. How does stress affect your primary relationships on a daily basis?
2. **Read Galatians 6:7.** What are your relationships like these days? Are you on auto-pilot mode, letting them drift along and hoping they will improve on their own? Or are you intentionally investing in your most important relationships on a regular basis?
3. What in your life often gets the most of your energy, passion, and time? Is it a hobby? A job? Your kids? If you're married, how much quality time do you spend talking with your spouse each week? What can you do to start prioritizing your spouse above the rest?
4. The Bible doesn't use the word *love* as a noun but rather as a verb. It's an action word, not a feeling word. What can you do this week to *show* your love, even when you don't feel it?

Challenge

Spend time with your spouse this week and talk about how you can adopt the 1 x 1 x 1 principle in your marriage. Take time once a day to talk face-to-face, once a week to go on a date, and once a year to get away with one another, even if it's just for one night.

Commit to Memory

So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up. **Galatians 6:9**