

Many of us have treated our faith like we would a Grande Non-Fat Vanilla Latte—investing in it only when convenient, to our specific taste, and on our terms. Then we suddenly find there's a real chasm between where we are today and where we actually want our faith in God to be. Change begins with being faithful right where we are and starting small—trusting that God will grow our faith as we invest in it.

Discussion Questions

- 1. How has convenience and consumerism affected your faith? How has it affected our culture in general?
- 2. **Read Matthew 17:14-20**. With just a small amount of faith in God, nothing is impossible. What kind of mountains in your life need moving? How can you ask God to move in those situations this week?
- 3. What does it look like for you to give God your very best, regardless of the season you are in?
- 4. Sometimes taking the first step toward positive change is the hardest one. What areas of your life can you start to take small steps toward this week? How might your life look different in 30 days, 90 days, or a year from now if you started taking small steps toward change today?

Challenge

This week, make a commitment to change how you approach your faith. Make a list of small steps you can start taking and then do them.

Commit to Memory

"If you had faith even as small as a mustard seed, you could say to this mountain, 'Move from here to there,' and it would move. Nothing would be impossible." **Matthew 17:20**