



## **May 11/12 | NO**

**Look it up: Ezra 4-5**

**Big Idea:** Saying "no" can be a wise choice.

**Talk about it:** What are some good things to say "no" to? (Things we know are wrong, things that are unhealthy for us.)

## **May 18/19 | HELP**

**Look it up: Psalm 57, 23**

**Big Idea:** I am strong enough to ask for help.

**Talk about it:** Who do you ask when you need help? (Talk about people you trust, or who have helped you in the past.)

## **May 25/26 | THANKS**

**Look it up: Luke 17:12-19**

**Big Idea:** I can always be thankful.

**Talk about it:** What can we be thankful for today?

## **Talk about these questions as a family!**

What is your favorite thing about being \_\_\_\_ years old?

What's a choice you've made that you wish you would have done differently? What would you have changed?

If you were in charge of the world, what would you change?

Have you ever seen someone make a wrong choice?  
What happened?

What is the nicest thing someone has ever said to you?

What is something nice you could say to someone else?