

No other book in the Bible tells us how to live our lives and face our problems better than the book of James. We're all going to face challenges in life, but the question is: How will we respond to them? The best way is to build a foundation of honesty, sobriety, loyalty, dependability, and godliness—so that when a crisis comes, you're prepared to face it.

Discussion Questions

- 1. How do you typically respond to life's problems? Does this align with the way God wants us to respond? If not, how can you start to change your response going forward?
- 2. One of the three main sources of problems is yourself. On a scale of 1-10, how in control of yourself are you? Do you have control over your words, anger, spending habits, and entertainment choices?
- 3. The best way to prepare for a season of challenge is to build a foundation of strength—specifically in your relationships, marriage, finances, and soul. In which area of your life do you need to build a stronger foundation? Discuss some tangible steps you can take.
- 4. **Read James 1:2-4**. How have the challenges you've endured led you to become more mature and complete?

Challenge

Commit to living a life of endurance. Whether it's in school, work, or your marriage, it takes patience and perseverance to succeed. And when you face a challenge, seek God for wisdom and believe that He will provide for you.

Commit to Memory

Blessed is the person who perseveres under trial, for when he has stood the test, he will receive the crown of life that God has promised to those who love him. James 1:12