

FOREST FRIENDS

kid:O:jeo
BIRTH-K





Group Time Guide

Supplies Needed: Grain Pictures

1. Introductions and Snack

Circle Up: As you come into the room, have Kid-Os say “hi” to someone else in the circle as they sit down. Encourage each Kid-O to say their name.

Do This: Give kids hand sanitizer, then hand each of them a snack.

2. Discussion Questions

- What are some ways we could help our grown-ups at home? (Clean our rooms, ask them if we can help, learn to do chores like laundry.)
- Who was helpful in our Bible Adventure? (Ruth!)

3. Hands-On Option

Do This: Ahead of time, “hide” the grain pictures around the room. Tell the Kid-Os you have to gather up some grain like Ruth did. Once they find a piece of grain, they should hurry back and sit in the circle.

Say This: Ruth helped by gathering food. Everyone needs help sometimes, even our grown-ups. We can practice helping others every day!

The Point: Helping others is part of being a good friend and family member. We can find ways to help our grown-ups and our friends.

4. Big Idea, Memory Verse, Stickers, and Prayer

Do This: Practice the Big Idea and Memory Verse with the kids.

Memory Verse: Proverbs 17:17 - A friend loves at all times.

Big Idea: I can help others.

Big Idea: Give each kid a sticker. Encourage them to talk about what they learned with their grown-ups.

Do This: Pray! “Dear God, we love you. Thank you for loving us. Remind me to help others. Amen.”