### **Open with Play Time**

Welcome each Kid-O into the room as they arrive. Help them find a toy or game to encourage engagement during play time.

### \_\_\_:20 Music & Worship: Pick a song

Have Kid-Os use scarves, ribbons, or instruments as you lead them in singing. Encourage the Kid-Os to use their hands, feet, and voices as they worship God!

### \_\_:25 Group Time

Follow the Group Time Guide on the next page.

# \_\_:35 Coloring

Hand out the Bible story coloring sheets and coloring utensils. Encourage the Kid-Os to color a picture to take home!

## **End with Play Time**

Allow the Kid-Os to play or color until they are picked up. Before each Kid-O leaves match their name tag to the grown-up's security tag.

# **Group Time Guide**

Supplies Needed: None

#### 1. Snack

**Circle Up:** Have all Kid-Os sit in one section of the room for story time.

**Do This**: Give kids hand sanitizer, then hand each of them a snack.

### 2. Bible Story: Isaac's Wells

**Do This:** Read through the Bible Story at least one time. If Kid-Os are engaged, feel free to read it a second time.

### 3. Hands-On Option: Self-Control

**Do This**: Try doing the following challenges! These will help kids practice their coordination and gross motor skills, while thinking about how we can control the things we do and say.

Stand on one foot, jump three big jumps, baa like a sheep, touch our toes, clap, spin around, sit, stand, hop like a bunny, roar like a lion, sit down!

**The Point**: We can all control the things we do and the things we say. We can choose to do and say kind and loving things. That's called "self-control."

### 4. Prayer

**Do This**: Pray! "Dear God, we love you. Thank you for loving us. Help us to have self-control. Amen."