

# FRUIT FINDERS



kid.0.deo

BIRTH-K



# Group Time Guide

Supplies Needed: “I Can” Cards

## 1. Introductions and Snack

**Circle Up:** Have the Kid-Os put their hands in the middle, count to three and yell Kid-O-Deo! Then have everyone sit down. Encourage each Kid-O to say their name.

**Do This:** Give kids hand sanitizer, then hand each of them a snack.

## 2. Discussion Questions

- What did the unkind people do to be mean to Isaac? (Fill the wells he dug)
- Isaac didn't fight or argue with them, though. What do we call the fruit of the spirit Isaac was using? (Self-control)

## 3. Hands-On Option

**Do This:** Draw each of the “I Can” cards, one at a time. They will have different things the Kid-Os can do on them. Some are actions, some are related to self-control. Read each card and follow the instructions. Sometimes, the cards will give examples of times the Kid-Os can do those things. Read those as well.

**The Point:** Just like we can control our arms and legs, we can practice controlling the things we think and the way we act when we feel different feelings. That's what self-control is all about!

## 4. Big Idea, Memory Verse, Stickers, and Prayer

**Do This:** Practice the Big Idea and Memory Verse with the kids.

**Memory Verse:** Galatians 5:22- But the fruit the Holy Spirit produces is love, joy, and peace. It is being patient, kind, and good. It is being faithful and gentle and having control of oneself.

**Big Idea:** I can wait when I feel angry.

**Do This:** Give each kid a sticker. Encourage them to talk about what they learned with their grown-ups.

**Do This:** Pray! “Dear God, we love you. Thank you for loving us. Help us to make wise choices, even when we feel angry. Amen.”