

# **Fruit Finders**

### Series at a Glance for Kid-O-Deo

### **About this Series:**

We're searching for some amazing fruit; the fruit of the Spirit! God helps us grow in all kinds of ways, from love to joy to self-control. During this series, we'll be learning about all the ways God can help these amazing fruits grow in our lives.

### **Memory Verse**:

Galatians 5:22- "But the fruit the Holy Spirit produces is love, joy, and peace. It is being patient, kind, and good. It is being faithful and gentle and having control of oneself."

### Weekly Overview:

Lesson:	Topic:	Big Idea:
Lesson 1: February 22/23	Peace Abigail- 1 Samuel 25	I can be peaceful.
Lesson 2: February 29/March 1	Patience David-Psalm 40	I can wait patiently.
Lesson 3: March 7/8	Self-Control Isaac- Genesis 26	I can choose what I do and say.
Lesson 4: March 14/15	Faithfulness/Goodness Joseph- Genesis 39-47	I can do what God says is right.
Lesson 5: March 21/22	Kindness/Gentleness Barnabas- Acts 9	I can be kind to others.
Lesson 6: March 28/29	Joy Paul and Silas- Acts 16	I can have joy no matter what.
Lesson 7: April 4/5	Love Jesus forgives- Matthew 5:44, Luke 23:34, John 13:35.	I can share Jesus' love.

## Fruit Finders

### Series at a Glance for Kid-O-Deo (continued)

### **Lesson 1: Peace**

When a farmer named Nabal was rude to king David, David got angry, too. They would have started a big fight, if it wasn't for a woman named Abigail. This week, we'll see how Abigail helped make peace between David and Nabal, and how we can bring peace to others today.

#### **Lesson 2: Patience**

Waiting can be tough. When we are patient, and wait with a good attitude, though, it can make waiting a lot better. This week, we'll read some songs King David wrote about times when he had to wait.

#### **Lesson 3: Self-Control**

What do you do when you feel upset? Sometimes people yell, hide, or say mean things. There's something else we can do, though. When Isaac met a group of bullies, he chose to have self-control. We can have the fruit of self-control, too, by choosing what we do and say.

#### **Lesson 4: Faithfulness/Goodness**

Faithfulness means doing what is right and good all the time, even if no one is watching. This week, we'll see how Joseph stayed faithful to God, wherever he was, and whatever he was doing.

### **Lesson 5: Kindness/Gentleness**

Saul had been a mean, unkind person, but after he met Jesus, Saul's whole life changed. Many people didn't trust Saul, but a man named Barnabas chose to be kind. He gave Saul a second chance and found a new close partner and friend. We can be kind and gentle to others, too!

### Lesson 6: Joy

What are your favorite places to be? Your room? A friend's house? Somewhere fun or exciting? This week, we'll see how Paul and Silas found joy in a very strange place: a jail! We'll learn why we can have joy wherever we are.

#### Lesson 7: Love

Jesus did so many amazing things, but one of the greatest things he did wasn't what people expected. Jesus loved people and forgave them. This week we'll see why that's so important, and how we can share that kind of love, too.

# Fruit Finders

## Lesson Outline for Kid-O-Deo

## **Lesson 3: Self-Control**

Lesson Segment	Total Running Time		
Kid-O Playtime (10:00)	00:00-10:00		
Transition Time (2:00)			
Opening Song (3:00)			
Introduction and Rules (2:00)			
Worship Song: I Like To (3:00)			
Big Idea (2:00)			
Bible Adventure (6:00)			
Memory Verse (3:00)			
Worship Song: Praise the Lord Every Day (3:00)			
Try it Out (5:00)			
Kid-O-Whampus (2:00)			
Prayer (2:00)	10:00-43:00		
Transition Time (2:00)			
Group Time (15:00)	43:00-60:00		



## **Transition Time**

2:00

**Do This**: 10 minutes after the start of the Adult Service, walk into every Pre-K Room and introduce yourself. Tell kiddos to follow the directions of their room leaders, clean up, line up, and that you will see them in a little bit in the large group room.

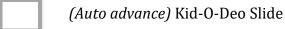
**Know This:** You are these Kid-Os' experience of church! Your tone, attitude, and actions are forming the way these kids think about God, church, and even people in general. You have the opportunity through what you do and say to create an environment where they feel welcome, included, and valuable!

# **Opening Song**

3:00



(Roll when directed) Kid-O-Deo Theme Song Video



## **Introduction and Rules**

2:00

Welcome everyone! My name is \_\_\_\_\_, and I'm super excited to see each and every one of you! I am so glad that you're all here. During our time together, we'll get to sing a couple fun songs, learn a memory verse, and hear an awesome story. Before we do any of that, there are three important things for you to remember.

**Know This**: This is a great opportunity to set the tone and expectations for your time together. Kids like to know what's expected of them too—it helps them feel safe and secure. You can make this section informative, helpful, and fun all at the same time!

Rule #1: When I'm talking you are listening!

Let's put on our listening ears and turn them way up! We'll also turn our voices way down, so that we can all listen super well.

Rule #2: Keep your hands and feet to yourself!

We want this to be a great place for all you leaders and Kid-Os, which means no poking, kicking, or bugging your neighbor. A good way to remember this rule is to: do a little clap and place your hands in your lap!

Rule #3: Stay in your spot!

You have a spot of your very own here in Kid-O-Deo, and it's right where you are sitting! It's important for us to stay in our spots, so that everyone can pay attention and have fun!

Great job listening to our rules. The rules are really great because they can help us learn and have lots of fun while we're here.

Worship 3:00

Now, we all get to sing together! I love singing with you. This song is about how we like to sing, dance, and say how much we love God!

Song 1: I Like To



(Auto advance) Series Title Slide: Fruit Finders

Big Idea 2:00

It is wonderful to hear you sing to God, Kid-Os! You can sit down. We're in a series called "Fruit Finders." We're learning about a special kind of fruit, called the fruit of the spirit. These aren't fruits we eat, like apples or oranges. Instead, these fruits of the spirit are things that grow in our lives when we follow God. These fruits help to show other people that we are choosing to follow God. They are things like love, kindness, and self-control!

We're talking about the fruit of self-control today. Self-control means making wise choices with the things you do and the things you say. It means choosing kind words instead of mean words, and choosing to do loving things instead of hurtful ones. Our Big Idea today is all about self-control. Let's practice saying today's big idea together!



Big Idea Jingle



(Auto advance) Big Idea Slide: I can choose what I do and say.

The Big Idea is, "I can choose what I do and say." Can you repeat that after me? The Big Idea. THE BIG IDEA. I can choose what I do and say. I CAN CHOOSE WHAT I DO AND SAY Alright, now let's say it all together!

**Do This:** Show Kid-Os the actions and have them practice the Big Idea with you three times. Use a different voice each time. **Voice ideas for this week: Jumping kangaroo, roaring lion, bubbly underwater.** 

**Know This**: These are the Big Idea actions: (Place your hands in front of your face, palms out, then move them down in a rainbow motion) The Big Idea. (Point to self) I can choose (hold out hands, palms up) what I do (point to mouth) and say.

Awesome job practicing our Big Idea! You can all sit down.

Today, listen very closely for our friend Buzz the Bee! Whenever you hear Buzz, it means we need to say our Big Idea. Let's listen for him now!



Big Idea Buzz

That's Buzz! You can say it and still do the actions while sitting in your spot. Let's practice!



Big Idea Buzz

Let's say the Big Idea together. THE BIG IDEA. I CAN CHOOSE WHAT I DO AND SAY. Great job, Kid-Os!



Series Title Slide: Fruit Finders

## Bible Adventure

5:00

I'm so excited to learn more about the fruit of the spirit! Next we get to learn more by going on a Bible Adventure.



Bible Adventure Jingle

Do This: Show kids the Bible.

The Bible is the greatest book ever. It's full of words from God, and there are lots of true stories about people who loved God in the Bible too! Today, we get to read a story about someone who met some mean bullies and needed self-control.

**Do This:** Get the Bible storybook out and sit down in the chair.

This story you are going to hear comes from the Bible, but we use this storybook because the pictures help us imagine what it might have looked like back when the Bible was written. The pictures you see in here are the same as the ones on the screen. Let's get started!

Do This: Have kids help you "turn" the pages on the screen with an exaggerated arm wave.



Picture 1: Isaac farming

Isaac was having an amazing year. He was a farmer, and the seeds he had planted this year were growing to be huge. For every seed he planted, he got a hundred times as much back.



Picture 2: Isaac with blocked well

Some people that lived near Isaac got jealous of him. They were mad that Isaac was doing better than they were. They decided to fill up the wells Isaac had dug with dirt and rocks, so Isaac's family couldn't get any water! Without water, Isaac's family couldn't survive. They had to move away.



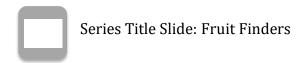
Picture 3: Isaac and guards

Isaac and his family moved away and dug more wells where they could get water. The unkind people followed them, though, and said "That's our water!" They argued with Isaac and were very rude to him. Isaac probably felt angry, but he chose not to fight with them. Instead, Isaac and his family moved again.



Picture 4: Isaac with a well

Finally, Isaac and his family found land they could live on away from the people who were trying to bully him. Even when others were mean, Isaac knew he could have self-control, and choose the things he said and did. He was wise, and chose to do and say kind things, even when he felt angry.



Great listening, Kid-Os! All of us can choose what we do and say, like Isaac. He made such wise choices by forgiving and not fighting. When we choose kindness instead of being angry or fighting, we can make things way better than they would be otherwise. That's called having "self-control."



Big Idea Buzz

Oh, that's our friend Buzz the Bee! Let's say our Big Idea together. THE BIG IDEA. I CAN CHOOSE WHAT I DO AND SAY.

Great job Kid-Os! Next we get to learn a memory verse that can help us find out more about this fruit of the spirit.

## Memory Verse

3:00



Memory Verse Jingle



(Auto-advance) Memory Verse: Galatians 5:22- "But the fruit the Holy Spirit produces is love, joy, and peace. It is being patient, kind, and good. It is being faithful and gentle and having control of oneself."

Our Memory Verses come from the Bible. This one is about the fruit of the spirit. The "Holy Spirit" is another way of saying "God."

This week, we're learning even more of the verse than we did before! It's a long list of fruits of the spirit, but I know we can all learn them together.

**Do This:** Read the verse from the screen.

Remember our Bible Adventure story? Self-Control is one of the fruits of the spirit! When we have self-control, we can make wise choices with the things we do and say, no matter what's going on, or how we're feeling. Let's practice saying that verse together!

**Do This:** Practice the verse with the Kid-Os three times. You can start in your quiet/whisper voice and then get a little louder each time you practice.

Know This: The verse with actions goes like this: (Open your Bibles) Galatians 5:22. (Point up) But the fruit the Holy Spirit produces is (cross your arms over your chest) love, (point to your smile) joy, (spread your hands in a smoothing motion, palms down) and peace. (point to watch on your arm) It is being patient, (give one thumbs-up) kind, (give two thumbs up) and good. (Walk in place) it is being faithful, (fold hands) and gentle, (point to self) and having control of oneself.

Super job practicing your Memory Verse, Kid-Os!

Worship

3:00

Everyone stay standing because we are going to sing another song together. God gives us so many amazing things, and always loves us. Those are just a couple great reasons we praise and love Him! Let's do that by singing this song together!



Song 2: Praise the Lord Every Day



(Auto advance) Series Title Slide: Fruit Finders

Try it Out

5:00

Awesome singing, everyone! You can sit down.



Big Idea Buzz

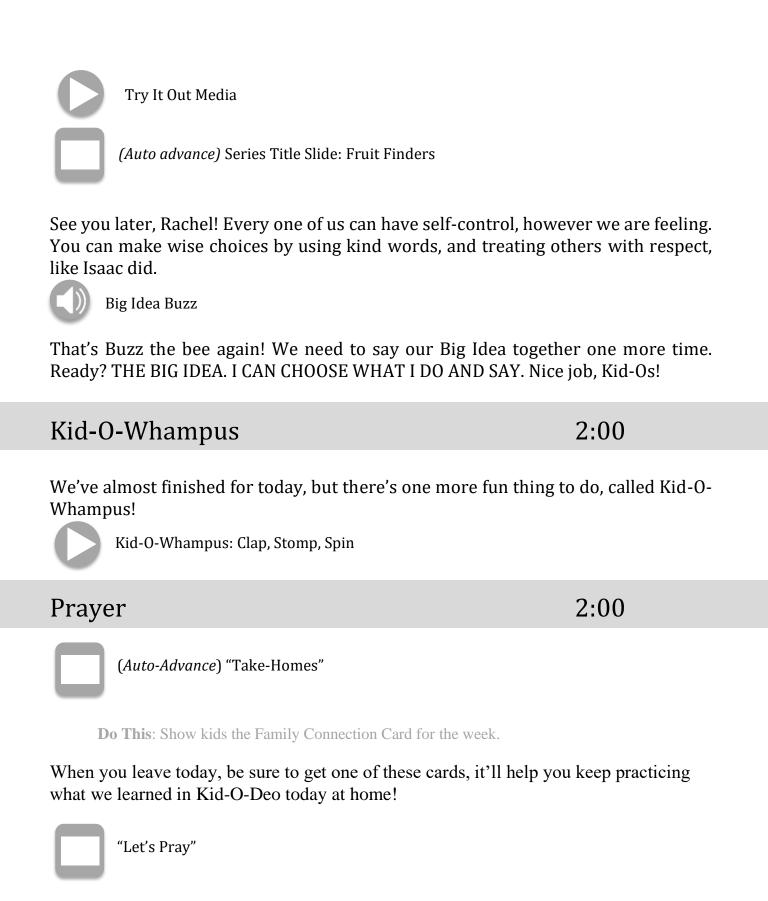
Did you hear that? It's Buzz the bee! Let's say our Big Idea together. THE BIG IDEA. I CAN CHOOSE WHAT I DO AND SAY.

Great job, everyone. Now it's time try out what we've been learning today.



Try it Out Jingle

We are going to check in with a friend now named Rachel! She's going to help us try out what we've learned about having self-control.



Now it's time for us to talk to God together. You can talk to God anytime and anywhere, because God loves you, and He'll always listen to you. Let's put our hands in our laps and close our eyes to help us focus on what we're saying to God. If you want to, you can repeat this prayer after me.

Dear God, we love you. Thank you for loving us. Help us to choose what we do and say wisely. Amen.



It's been so great being here with you, Kid-Os. Now it's time for you to go back to your rooms where you will get into groups with your leader and other Kid-Os, have a snack, and do a fun activity. Have a great group time!