



Small Group Discussion

The Week of:

Oct. 7, 2020

What's your life like:

1. Morning or night person? Pop or lemonade? Mickie D's or Burger King?
2. What are some things you like to do in your free time?
3. Share your most embarrassing moment!

What are we talking about this week:

This week we are kicking off a new series called **DROP IT** that's all about letting go of the things in our life that are holding us back from becoming all that God made us to be. This week's message is about dropping our past, and it is a decision message where students will have the opportunity to put their faith in Jesus and follow him!

Do you find it easy or difficult to move past mistakes you've made? Why do you think that is?

Read 2 Corinthians 5:17. What does it mean to "belong to Christ" (NLT)? What does it mean that our "old life is gone"? What about the old life is gone? What are some lies you've believed about yourself because of failures in your past?

Does forgiveness come easily for you, or are you more likely to hold a grudge? How does it feel to know that God is willing to forgive any mistakes we make? How can you draw strength from that?

Read Galatians 5:1. What are some of the things that Jesus frees us from? Do you have any questions about what Jesus did for you?

Now what:

Pray! Ask God to help you forgive yourself for your past failures, just like he has already forgiven you for all your sins.

Thank God for his forgiveness and grace in your life.

Ask God to help you stop focusing on your past mistakes and instead focus on living as the new person you are in Christ.