



# Small Group Discussion

The Week of: **Sept. 29, 2021**

## What's your life like:

### Highs and Lows

Go around the group and have everyone share the best part and the hardest part of the last week.

## What are we talking about this week:

### Bible Verse

Jeremiah 29:11

### Main Point of the Message

Prayer is a conversation with God.

### Discussion Questions

1. Start your meeting with prayer and try to practice the four steps of prayer we talked about in the message (pause, rejoice, ask, yes).
2. Have you ever been asked to pray in front of people? Did that make you nervous? Why?
3. Have you ever gotten distracted while praying? What distracts you most? Read Jeremiah 29:11-14.
4. What do you think it means to "seek God with all of your heart"?
5. Which of the four steps to prayer seems the easiest to you? Why?
6. Which of the four steps to prayer seems to be hardest to you? Why?
7. What are some ways prayer can help you view the world around you?

## Now what:

### P.R.A.Y

Over the next week, find some time practicing prayer by Pausing, Rejoicing, Asking, and Saying YES!