



# HERO TRAINING





# Group Time Guide

Supplies Needed: 5 objects, eye covers.

## 1. Time to Talk

**Look Up and Read:** Acts 5:29-32. In these verses, Jesus' followers say why they obey God first, rather than other people.

- How would you feel if you were in Josh's place, and someone wrote a mean song about you?
- What are some things that God tells us to do? (Trust God first, be honest, help others, show love and kindness).
- How can we learn what God says is right? (Reading the Bible, learning about Him at church, talking to Him.)

**Ask:** What is going great right now? Is there something that's not going great right now?

**Pray:** Talk to God, mentioning things the kids talked about if appropriate.

## 2. Activity

**Do This:** Have one kid wear a blindfold. Set up the objects in a random pattern, each a few feet away from the others. Tell them their goal is to pick up every cone. Choose one other kid to be the one giving them instructions. Tell all the others to talk loudly. They can give wrong instructions, or they can talk about their day. Then, have everyone talk at once, while the blindfolded kid tries to follow the right instructions.

**Discuss:** What would have made that easier? Would it be easier to try to listen to a lot of people at once, or just to one person?

**The Point:** You had to trust the person who was giving you the right instructions, and you couldn't trust the people giving you the wrong instructions. We can always trust God, because He made us and loves us.