



HOW THE MIGHTY FALL

SOLOMON - JOHN ALEXANDER - JUNE 2/3

King Solomon was the wisest man who ever lived—but he eventually fell hard because of his undisciplined pursuit of more. When we pursue more of what doesn't matter and lose focus on what does, we often experience anxiety, a lack of margin, and an inability to prioritize what's more important. In order to experience a healthy, balanced life, we need to focus on a disciplined pursuit of less.

Discussion Questions

1. What do you never seem to have enough of? Clothes, food, friends, money?
2. **Read 1 Kings 10:23-25 and 11:1-11.** What was the outcome of King Solomon's life, good and bad? What are you currently pursuing that has the potential to turn your heart from God? What are you pursuing that honors Him?
3. Author Greg McKeown says, "When you don't purposefully and deliberately choose where to focus your energy and time, other people will choose for you." What matters most to you? How are you prioritizing or not prioritizing these things?
4. **Read Ecclesiastes 4:6.** What are your hands full of these days? What do you need to cut back on to create margin in your finances, schedule, and life?

Challenge

This week, make a list of your top five priorities in life. As opportunities arise, put them through the filter of your top priorities. If you're asked to do something that falls outside of these five areas, let your answer be no.

Commit to Memory

Better one handful with tranquility than two handfuls with toil and chasing after the wind. **Ecclesiastes 4:6**