

LET'S GROW





Group Time Guide

Supplies Needed: None

1. Introductions

Circle Up: As you come into the room, give each Kid-O hand sanitizer and have them sit in a circle. Encourage each Kid-O to say their name as you pass out a snack to everyone who can have one.

2. Discussion Questions

- Why did Daniel get thrown into the lions' den in our Bible Adventure story? (He prayed to God instead of the king.)
- What are some things you can talk to God about? (Anything! You tell God about your day or your feeling, you can ask God for help, you can tell Him thank you, etc.)

3. Hands-On Option

Say This: Let's try talking to God together right now. Let's think of some things we can say thank you to God for. "God, thank you for _____."

Do This: Allow kids to say thank you to God for different things. You can help them think of some ideas. (Ex. Family, friends, sun, food, church, flowers, pets, etc.)

The Point: God wants us to spend time with him. One way we can do that is by praying. We can grow closer to God when we talk to him.

4. Big Idea, Memory Verse, and Prayer

Do This: Practice the Big Idea and Memory Verse with the kids.

Memory Verse: Colossians 1:10 – "We pray that you will grow to know God better."

Big Idea: I can grow by talking to God.

Do This: Encourage kids to talk about what they learned with their grown-ups.

Do This: Pray! "Dear God, we love you. Thank you for loving us. Help us to talk to you each day. Amen."