

# LET'S GROW





# Group Time Guide

Supplies Needed: None

## 1. Introductions

**Circle Up:** As you come into the room, give each Kid-O hand sanitizer and have them sit in a circle. Encourage each Kid-O to say their name as you pass out a snack to everyone who can have one.

## 2. Discussion Questions

- Who followed Jesus in our Bible Adventure story? (Saul)
- How did Saul's life change after he followed Jesus? (Instead of hurting people who followed Jesus, Saul started telling everyone about Jesus and his love!)

## 3. Hands-On Option

**Do This:** Play a game of follow the leader. Have the kids copy whatever you do. If you want to, you can let one of the Kid-Os try being a leader. Here are some ideas:

- Stomp your feet, turn around, jump up and down, stand on one foot, clap your hands, touch your toes, touch your head, do jumping jacks, run in place, etc.

**The Point:** Following Jesus means doing the things that he did. Jesus loves us so much and we can choose to follow him each day.

## 4. Big Idea, Memory Verse, and Prayer

**Do This:** Practice the Big Idea and Memory Verse with the kids.

**Memory Verse:** Colossians 1:10 – “We pray that you will grow to know God better.”

**Big Idea:** I can grow by following Jesus.

**Do This:** Encourage them to talk about what they learned with their grown-ups.

**Do This:** Pray! “Dear God, we love you. Thank you for loving us. Help us to follow Jesus. Amen.”