





Group Time Guide

Supplies Needed: Bowl, cereal, dirt.

1. Getting Started

Ask: What is your favorite cereal?

2. Discussion Questions

- Do you think Bowie could respond better to getting a part in the play? How?
- What do you think of when you hear the word "attitude"? (Attitude is defined as the way you act and think about things.)
- What does it look like when someone has a bad attitude? (They might complain, argue, or make fun of people.

3. Hands-On Option

Look Up and Read: 1 Thessalonians 5:16-18. In these verses, Paul encourages people to be joyful and thankful (have a good attitude) no matter what.

Do This: Pour some cereal into the bowl. Talk with the kids about their favorite cereals. Ask what they put on them, like sugar, honey, fruit, or other toppings.

Say This: This cereal is great, like so many good things in our lives. Sometimes, though, people look at good things and choose to have a bad attitude. When we choose to have a bad attitude, it's like pouring dirt on this cereal.

Do This: Sprinkle some dirt on top of the cereal.

Discuss: Could you still eat this? (You could, but it'd feel and taste gross!)

The Point: A bad attitude can ruin a good thing. Someone with a bad attitude complains, blames others, or makes fun of people. Doing those things can ruin something that could be really good.

4. Wrap-Up and Prayer

Ask: What was the best part of your week? What was something tough that happened this week?

Do This: Pray with the kids. If they've mentioned things that would be good to talk to God about, you can talk about them in your prayer.