



Group Time Guide

Supplies Needed: Parachute and Ball Pit Balls

1. Introductions

Circle Up: As you come into the room, give each Kid-O hand sanitizer and have them sit in a circle. Encourage each Kid-O to say their name as you pass out a snack to everyone who can have one.

2. Discussion Questions

- Who calmed the storm in our Bible Adventure story? (Jesus)
- Are we peaceful when we feel calm inside or feel worried and afraid? (Calm)

3. Activity

Do This: Have Kid-Os gather around the parachute and hold on to a section of it. Together, hold the parachute off the ground and place the ball pit balls in the middle.

Say This: Let's shake the parachute and make the balls bounce up and down. (Do this.) This isn't very peaceful. Now, let's see if we can make the balls calm and peaceful. (Encourage kid-Os to stop shaking the parachute and be still.)

Do This: Repeat this activity multiple times – shaking the parachute, then making it peaceful.

The Point: Jesus gives us peace. He helps us to stay calm and trust him.

4. Big Idea, Memory Verse, and Prayer

Do This: Practice the Memory Verse and the Big Idea with the kids.

Memory Verse: Galatians 5:22-23 – "But the fruit the Holy Spirit produces is love, joy, and peace. It is being patient, kind, and good. It is being faithful and gentle and having self-control."

Big Idea: Jesus gives me peace.

Do This: Encourage kids to talk about what they learned with their grown-ups.

Do This: Pray! "Dear God, we love you. Thank you for loving us. Help us be peaceful. Amen."