

Group Time Guide

Supplies Needed: "Kind or Not?" cards

1. Introductions

Circle Up: As you come into the room, have Kid-Os say "hi" to someone else in the circle as they sit down. Encourage each Kid-O to say their name.

2. Discussion Questions

- How did Lydia show kindness in our Bible Adventure story? (She helped people by inviting them over to her house.)
- What are some things you can do to be kind to others? (Share toys, help people, use kind words, etc.)

3. Activity

Do This: Read each one of the "Kind or Not?" cards. If the card shows an example of something kind, have Kid-Os put their thumbs up. If the card shows an example of something unkind, have the Kid-Os put their thumbs down.

The Point: God helps us show kindness to others. There are many different ways you can be kind!

4. Big Idea, Memory Verse, and Prayer

Do This: Practice the Big Idea and Memory Verse with the kids.

Memory Verse: Galatians 5:22-23 – "But the fruit the Holy Spirit produces is love, joy, and peace. It is being patient, kind, and good. It is being faithful and gentle and having self-control."

Big Idea: I can be kind.

Do This: Encourage kids to talk about what they learned with their grown-ups.

Do This: Pray! "Dear God, we love you. Thank you for loving us. Help us to be kind. Amen."