

OLLIE'S ORCHARD





Group Time Guide

Supplies Needed: CD Player and Yancy CD

1. Introductions

Circle Up: Have Kid-Os sit down in a circle as quickly as they can and give you a “thumbs up” when they are ready to listen. Encourage each Kid-O to say their name.

2. Discussion Questions

- What does it mean to have self-control? (Being in control of your words, voice, or actions.)
- How did David have self-control in our Bible Adventure story? (He chose to not hurt Saul, even when he could have.)

3. Activity

Say This: We are going to practice self-control by playing the Freeze Dance Game. When the music is playing, everyone can dance. But when the music stops, you need to control your body and freeze.

Do This: Demonstrate the game and then play as a group. Use the CD player and Yancy CD to play the music.

The Point: Self-control is a fruit of the Spirit. God can help us have self-control over our words, voice, and actions.

4. Big Idea, Memory Verse, and Prayer

Do This: Practice the Big Idea and Memory Verse with the kids.

Memory Verse: Galatians 5:22-23 – “But the fruit the Holy Spirit produces is love, joy, and peace. It is being patient, kind, and good. It is being faithful and gentle and having self-control.”

Big Idea: I can have self-control.

Do This: Encourage kids to talk about what they learned with their grown-ups.

Do This: Pray! “Dear God, we love you. Thank you for loving us. Help us to have self-control. Amen.”