Ollie’s Orchard
Series at a Glance for Kid-O-Deo

About this Series:
When an apple tree grows, it begins to produce fruit. God produces fruit in our lives when we follow him, but it’s not the kind of fruit that we eat. It’s things like love, joy, and peace! In this series, we’ll visit an apple orchard and learn all about the Fruit of the Spirit.

Key Verse:
Galatians 5:22-23 - But the fruit the Holy Spirit produces is love, joy, and peace. It is being patient, kind and good. It is being faithful and gentle and having self-control.

Weekly Overview:

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# Ollie’s Orchard

Lesson Outline for Kid-O-Deo

## Lesson 8: Self-Control

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<tr>
<th>Lesson Segment</th>
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<td>Kid-O Playtime (10:00)</td>
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<td>Kid-O-Whampus (2:00)</td>
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<td>Prayer (2:00)</td>
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<td>Transition Time (2:00)</td>
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<td>Group Time (15:00)</td>
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Video Cue  Slide Cue  Audio Cue  Tech Notes
### Transition Time

**2:00**

**Do This:** 10 minutes after the start of the Adult Service, walk into every room that has 3-year-olds – Kindergarteners and introduce yourself. Tell Kid-0s to follow the directions of their room leaders, clean up, line up, and that you will see them in a little bit in the large group room.

**Know This:** *You are these Kid-0s’ experience of church!* Your tone, attitude, and actions are forming the way these kids think about God, church, and even people in general. You have the opportunity through what you do and say to create an environment where they feel welcome, included, and valuable!

### Opening Song

**3:00**

(Play when directed) Kid-O-Deo Theme Song Video

(Auto advance) Kid-O-Deo Slide

### Introduction and Rules

**2:00**

Welcome everyone! My name is _______, and I’m super excited to see each and every one of you! During our time together, we'll get to sing a couple fun songs, learn a memory verse, and hear an awesome story. Before we do any of that, there are three important things for you to remember.

**Know This:** This is a great opportunity to set the tone and expectations for your time together. Kids like to know what’s expected of them too—it helps them feel safe and secure. You can make this section informative, helpful, and fun all at the same time!

**Rule #1: When I’m talking you are listening!**

Let’s put on our listening ears and turn them way up! On the count of three, let’s practice our very best listening. Ready? 1, 2, 3!

**Rule #2: Keep your hands and feet to yourself!**

Let’s hold up our hands and wiggle our fingers! Now, give a little clap and put your hands in your lap!

**Rule #3: Stay in your spot!**

You have a spot of your very own here in Kid-O-Deo, and it’s right where you are sitting! It’s important for us to stay in our spots, so that everyone can pay attention and have fun!
Great job listening to our rules. The rules are really great because they can help us learn and have lots of fun while we're here.

**Worship**

3:00

Now, we all get to sing a fun song together! Let’s stand up and sing a song where we get to praise God in lots of ways!

Song 1: Hosanna Rock

(Auto advance) Series Title Slide: Ollie’s Orchard

**Big Idea**

2:00

I love singing with you, Kid-Os! You can sit down. We are in a series called “Ollie’s Orchard.” We’re learning about a special kind of fruit called the fruit of the Spirit. These aren't fruits that we eat, like apples and oranges. Instead, these fruits grow in our lives when we follow God. They are things like love, joy, and peace!

Today, we’re talking about the fruit of “self-control.”

**Do This:** Put the sign that says “self-control” on the Velcro at the top of the tree.

Self-control means we have control of ourselves. We can control our voice by making it loud or soft. We can control our words by choosing if our words are kind or mean. We can also control our bodies and how we're moving around. God can help us grow to have more self-control as we follow him.

To get started, we’re going to practice our “Big Idea.” That’s the super important thing we’re learning about today!

Big Idea Jingle
The Big Idea is, “I can have self-control.” Let’s stand up and practice the big idea. I’ll say a part first and you can repeat after me. I can have, I CAN HAVE. Self-control, SELF-CONTROL. Great job! Alright, now let’s say it all together!

**Do This:** Show Kid-Os the actions and have them practice the Big Idea with you three times. Use a different voice each time. **Voice ideas for this week:** Bouncing kangaroo, soaring airplane, meowing cat.

**Know This:** These are the Big Idea actions: (Place your hands in front of your face, palms out, then move them down in a rainbow motion) The Big Idea. (Point at self) I can have (fold hands together) self-control.

Awesome job practicing our Big Idea! You can all sit down.

That Big Idea is so important, we’re going to say it several times today. Whenever you see Ollie the Owl and hear him hoot, it’s time to say our big idea!

**Big Idea Ollie the Owl and Hooting Sound**

You can say the Big Idea and still do the actions while sitting in your spot. Let’s practice right now!

**Big Idea Ollie the Owl and Hooting Sound**

Let’s say the Big Idea together. THE BIG IDEA. I CAN HAVE SELF-CONTROL. Great job, Kid-Os!

**Series Title Slide: Ollie’s Orchard**

Now, it’s time to add an apple to our tree. Can you help me find the **red** apple, Kid-Os?

**Do This:** Search for the apple around the stage. Have Kid-Os point to the apple when they find it. Make it silly by going the wrong way sometimes.

We found it! Before we put it on the tree, our forest friend Ollie has a question we need to answer all about self-control. Ready?

**Do This:** Read the back of the red apple.
“Ollie really wants another cookie, but his grown-up said to wait. Is Ollie using self-control if he takes a cookie anyway or if he waits until later?” Hmm...what do you think, Kid-Os?

**Do This:** Let kids share their answer.

You’re right! Ollie can have self-control by waiting to eat the cookie later. Let’s put our apple up on the tree.

**Do This:** Place the apple on one of the Velcro pieces on the tree.

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**Bible Adventure**

Next, we get to learn more by going on a Bible Adventure.

**Bible Adventure Jingle**

**Do This:** Show kids the Bible.

The Bible is the greatest book ever. It’s full of words from God, and there are lots of true stories that can help us learn more about the fruit of the Spirit. Today, we get to read a story about someone who had self-control.

**Do This:** Get the Bible storybook out and sit down in the chair.

This story you are going to hear comes from the Bible, but we use this storybook because the pictures help us imagine what it might have looked like back when the Bible was written. The pictures you see in here are the same as the ones on the screen. Let’s get started!

**Do This:** Have kids help you “turn” the pages on the screen with an exaggerated arm wave.

**Picture 1: David fighting Goliath.**

Saul was the king of Israel, but God had already chosen a man named David to be the next king. David loved God and was very brave. Many people thought David was a hero because he had just won a battle against a huge giant named Goliath. This made King Saul very jealous.

**Picture 2: David running away from Saul.**
One day, David heard that Saul was planning to hurt him. David ran away and hid in a cave where Saul couldn't find him. Saul and 3,000 men went out searching for David.

David was in the back of the cave when he heard Saul come inside. David had a choice to make. Saul didn’t know he was there, so David could choose to hurt Saul or choose to have self-control and let Saul go. What would David do?

David decided to have self-control and not hurt King Saul. When Saul left the cave, David followed him out and said, “I know you want to hurt me, but I’m not going to do anything to hurt you.” Saul was amazed at David’s self-control.

Great listening, Kid-Os! David had self-control when he didn’t hurt King Saul. God can help us have self-control, too.

Oh, that’s our Big Idea sound! Let’s say our Big Idea together. THE BIG IDEA. I CAN HAVE SELF-CONTROL.

Great job Kid-Os! Now, we get to look for the green apple! Can you help me find it?

**Do This:** Look around the stage and have Kid-Os help you search by pointing it out. Make is fun and silly by going the wrong way sometimes.

We found it! Before we put it on the tree, our forest friend Ollie has a question we need to answer all about self-control. Ready?

**Do This:** Read the back of the green apple.

“Ollie is at the store and his grown-ups told him to stay close to them. Is Ollie using self-control if he stays near the cart or if he runs all over the store?

**Do This:** Let kids share their answer.
You're right! Ollie can have self-control by staying near the cart at the store. Let's add the apple to our tree!

Now, we get to learn a memory verse all about the fruit of the Spirit.

Memory Verse

Our Memory Verse comes from the Bible. This one is all about the fruit of the Spirit that God grows in our lives when we follow him. When the verse says, “Holy Spirit”, that’s another way to say “God.”

Do This: Read the verse from the screen and show Kid-Os the actions.

Know This: The verse with actions goes like this: (Open your Bibles) Galatians 5:22-23 (Point up) But the fruit the Holy Spirit produces is love, joy, and peace. It is being patient, kind, and good. It is being faithful and gentle and having self-control.

Kid-Os, this is a long verse, so instead of just saying the verse, we’re going to sing it! Stand up and let’s sing this verse along with Kristen.

Memory Verse Song with Kristen

Do This: Sing the song and do the actions along with the video. Try to engage the Kid-Os.

Know This: Kristen will sing the song three times – using normal voice, quiet voice, and loud voice.

Super job practicing your Memory Verse, Kid-Os!
Everyone stay standing because we are going to sing another song together. This song is all about our amazing God!

Song 2: My God is #1

Try it Out

Awesome singing, everyone! You can sit down.

Did you hear that? Let’s say our Big Idea together. THE BIG IDEA. I CAN HAVE SELF-CONTROL.

Great job! Now, we get to look for the **yellow** apple! Can you help me find it, Kid-Os?

**Do This:** Search for the apple around the stage. Have Kid-Os point to the apple when they find it. Make it silly by going the wrong direction sometimes.

We found it! Before we put it on the tree, our forest friend Ollie has a question we need to answer all about self-control. Ready?

**Do This:** Read the back of the yellow apple.

“Ollie is mad at his friend. Is Ollie using self-control if he hits his friend or if he uses his words to talk about it?” What do you think, Kid-Os?

**Do This:** Let kids share their answer.

You’re right! Ollie can have self-control by using his words instead of hitting. Great job! We filled the tree with apples.

Now it’s time to head over to Ollie’s Orchard and try out what we’ve been learning today.

Try it Out Jingle
We're going to check in with a friend named Kristen. She's going to help us try out what we've learned about self-control today.

See you later, Kristen. God can help us have self-control in what we do and say.

I know what that sound means! We need to say our Big Idea together one more time. Ready? THE BIG IDEA. I CAN HAVE SELF-CONTROL. Nice job, Kid-Os!

Kid-O-Whampus

We've almost finished for today, but first let’s celebrated all we learned by doing something fun called Kid-O-Whampus. Stand up and let’s all go Kid-O-Whampus together!

Prayer

That was a super fun Kid-O-Whampus! You can sit down.
Now it’s time for us to talk to God together. We can talk to God anytime, anywhere, and about anything. God can help us have self-control when we ask him. Right now, let’s put our hands in our laps and close our eyes to help us focus on what we’re saying to God. If you want to, you can repeat this prayer after me.

Dear God, we love you. Thank you for loving us. Help us to have self-control. Amen.

Kid-O-Deo Slide

It’s been awesome being here with you, Kid-Os. Now it’s time for you to go back to your rooms where you will get into groups with your leader and other Kid-Os, have a snack, and do a fun activity. Have a great group time!