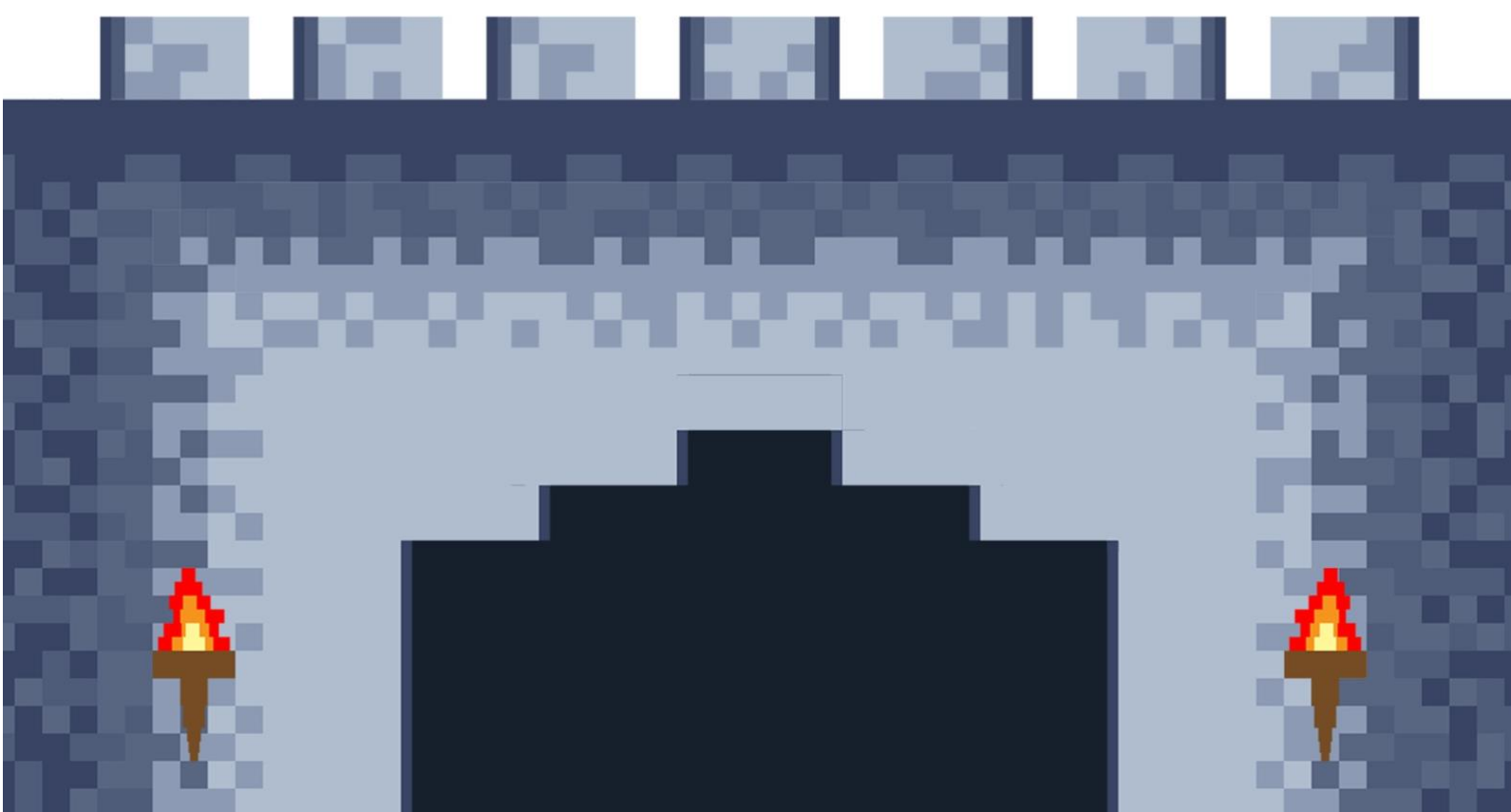


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# Group Time Guide

Supplies Needed: Character page.

## 1. Getting Started

Encourage kids to discuss this question: What's your favorite movie or book?

## 2. Discussion Questions

- Why do you think the fitness test is so tough for Bowie? (Direct them to think about how the other kids' words might be affecting Bowie.)
- Do you think Bowie has a "label"? What might it be? (Not athletic, "The Boy Blunder.") How do you think he feels?
- We all get some labels, like "I'm athletic," or "I'm smart." What are some other labels people might get? (Mean, weird, funny, popular)

## 3. Hands-On Option

**Look Up and Read:** Ephesians 1:4. Explain that this verse says God knew every one of us before the world was even made. He chose you and loved you before anything even existed.

**Do This:** Use the character page to create your own character! Walk through the page with your group, deciding on the person's age, hair color, and the other details listed.

**Discuss:** For a moment, imagine that this character is a real person. Now imagine someone comes up to them and makes fun of them. How would you feel?

**Discuss:** Now imagine that our character feels super sad, and starts thinking they aren't good enough, or that they aren't important. What would you tell them?

**The Point:** We care about this person, because we designed them. God designed you with a purpose. So when others say things about you that aren't true, or you think hurtful things about yourself, God wants you to know that what he says about you is completely true. You are amazing, important, and irreplaceable to God.

## 4. Wrap-Up and Prayer

**Ask:** What was the best part of your week? What was something tough that happened this week?

**Do This:** Pray with the kids.