

Group Time Guide

Supplies Needed: Ball

1. Introductions and Snack

Circle Up: Have each Kid-O give you a high five and then sit down in a circle.

Encourage each Kid-O to say their name as you give them hand sanitizer.

Do This: Give kids hand sanitizer, then hand each of them a snack.

2. Discussion Questions

- When is God with us? (All the time, including when we are sad.)
- In our Bible Adventure, how did the Israelites feel? (Sad; they didn't know why bad things were happening to them. Nahum reminded them that God was still with them!)

3. Hands-On Option

Do This: Have Kid-Os take turns rolling the ball to other kids in the circle. When the ball is rolled to a Kid-O, have him or her share something that makes them sad. Each time, remind Kid-Os that God is with us when we're sad. After each Kid-O has had a turn, continue rolling the ball from kid to kid and have Kid-Os share something that makes them happy. Remind them that God is with us when we're happy too!

The Point: God is with us no matter how we feel.

4. Big Idea, Memory Verse, Stickers, and Prayer

Do This: Practice the Big Idea and Memory Verse with the kids.

Memory Verse: Habakkuk 3:18 - I will still be glad because of what the Lord has done. God my Savior fills me with joy.

Big Idea: God is with me when I feel sad.

Do This: Give each kid a sticker. Encourage them to talk about what they learned with their grown-ups.

Do This: Pray! "Dear God, we love you. Thank you for loving us. Help us remember that you are with us even when we feel sad. Amen."