

# ROAD TRIP





# Group Time Guide

Supplies Needed: Blindfold mask, tape.

## 1. Discussion Questions

- Why do you think Josh didn't prepare for the show? (He thought he didn't need to and chose to relax instead of get ready.)
- Have you ever put something off? What was it?

## 2. Hands-On Option

**Look Up and Read:** Hebrews 12:11-12. These verses are about training to live the way God made us to.

**Discuss:** Those verses say, "No training seems pleasant at the time." Can you think of an example where it was tough to practice or train for something? (Sport, instrument.)

**Say This:** The Bible sometimes compares following God to a race! We're going to have a kind of race of our own, from point A to point B.

**Do This:** Show kids a starting and an ending point. Tape each of them on the floor, only about 10-20 feet apart.

**Do This:** Have a kid try to get from point A to point B normally and see how fast they can do it. They will be quick. Then, choose another kid who thinks they can go faster. This time blindfold them and give them instructions. After they finish, choose a third kid to try, but have everyone give them directions at once.

**Discuss:** Who made it from the start to the finish the fastest? (The first person)

**The Point:** All of us go through times when our lives feel great. Things are going well, and it feels like nothing can go wrong. Sometimes, when that happens, we put our journey with God on pause. We think "I'll wait to ask for God's help until life gets tough again." The problem is, if we wait to follow and obey God, we're missing out on the best parts of our journeys with God.

## 3. Wrap-Up and Prayer

**Ask:** What's something you're excited about right now? What's something you would like God's help with?

**Do This:** Pray with the kids. If they've mentioned things that would be good to talk to God about, you can mention them in your prayer.