





## **Group Time Guide**

Supplies Needed: "Face Off" cards

## 1. Discussion Questions

- How can you guess how someone is feeling? (Look at their face, the way they act, listen to their voice.)
- Do you think Josh understands how Beka feels right now? Why do you think she feels upset? (She's doing all the work, and he's not helping.)

## 2. Hands-On Option

**Do This**: Play "Face Off!" Give out the cards to the kids and have them try to get others to guess the emotion written on the card. The catch is, they can only move their face!

**Say This**: There are lots of ways we can tell how someone is feeling. Their face is a part of it, but how people sound when they talk, how they act, all of those things can tell us about what emotions they are feeling. The other part of our big question was, should we care about how people are feeling? Well, one of the Bible writers, a guy named Paul, wrote about that.

**Look Up and Read**: Philippians 2:4. This verse is about putting others first and looking out for their good.

**The Point**: Taking the time to care for others is part of living the way God made us to. Sometimes that's easy, and sometimes it isn't. When one of our friends is feeling sad, we probably care a lot about them, and want to help. Other times, like if someone we don't like is feeling sad, we don't usually want to care as much. Caring isn't just a feeling, though. It's a choice. You can choose to care about someone, even if you don't like them very much.

**Discuss**: What would you like someone to do if you were feeling lonely?

**Discuss**: What would you like someone to do if you were feeling sad?

## 3. Wrap-Up and Prayer

**Ask**: What's something you're excited about right now? What's something you would like God's help with?

**Do This**: Pray with the kids. If they've mentioned things that would be good to talk to God about, you can mention them in your prayer.