

STRONG BRAVE





Group Time Guide

Supplies Needed: "Uniform Picture" cards

1. Introductions

Circle Up: As you come into the room, have Kid-Os say "hi" to someone else in the circle as they sit down. Encourage each Kid-O to say their name.

2. Discussion Questions

- What did Paul write about in our Bible Adventure? (The Armor of God.)
- Why is the Armor of God important? (It can help us be strong, brave, and ready for anything.)

3. Hands-On Option

Do This: Show the kids the "Uniform Pictures" one at a time. Ask, "What do you think you would wear this for?" If kids aren't sure, give them some clues.

Say This: Just like people wear different uniforms to get them ready for their jobs, God gives us special armor to get us ready for challenges in our life. We can't see God's armor, but it is the things God gives us to protect us as we follow him.

The Point: The Armor of God is something God gives us to help us be strong, brave, and ready for each day.

4. Big Idea, Memory Verse, and Prayer

Do This: Practice the Memory Verse and the Big Idea with the kids.

Memory Verse: Ephesians 6:10 – "Finally, let the Lord make you strong. Depend on His mighty power."

Big Idea: The Armor of God makes me strong and brave.

Do This: Encourage kids to talk about what they learned with their grown-ups.

Do This: Pray! "Dear God, we love you. Thank you for loving us. Help us to put on your armor so we can be strong and brave. Amen."