

# **Group Time Guide**

**Supplies Needed: None** 

#### 1. Introductions

**Circle Up:** Have Kid-Os sit down in a circle as quickly as they can and give you a "thumbs up" when they are ready to listen. Encourage each Kid-O to say their name.

### 2. Discussion Questions

- What did Jesus do when he was tempted? (He spoke words from the Bible)
- How can we learn what God says? (Read the Bible.)

## 3. Hands-On Option

**Say This:** When we know what God says in the Bible, we can be strong and brave. The Bible can help us know what is true and can help us when we feel tempted. One way to remember God's words is to try memorizing a verse from the Bible

**Do This**: Teach the Kid-Os this verse in Philippians 4:13: "I can do everything by the power of Christ. He gives me strength." Have kids repeat after you, make up actions for some of the words, or say part of the verse and have them fill in the blank. Make it fun to learn God's word!

**The Point**: The Sword of the Spirit reminds us that God's words from the Bible are powerful and true. They can help us be strong and brave in any situation.

## 4. Big Idea, Memory Verse, and Prayer

**Do This**: Practice the Big Idea and Memory Verse with the kids.

**Memory Verse**: Ephesians 6:10 – "Finally, let the Lord make you strong. Depend on His mighty power."

**Big Idea**: God's words from the Bible are powerful and true.

Do This: Encourage kids to talk about what they learned with their grown-ups.

**Do This**: Pray! "Dear God, we love you. Thank you for loving us. Help us to remember what you say in the Bible. Amen."