

STRONG BRAVE



Strong and Brave

Series at a Glance for Kid-O-Deo

About this Series:

Have you ever wanted to be strong and brave like a superhero? When superheroes go on a mission, they wear special gear to help them and protect them. God made all of us to be heroes, too, and he gives us everything we need to be ready for each day. In this series, we'll learn how we can be strong and brave with The Armor of God.

Key Verse:

Ephesians 6:10 – “Finally, let the Lord make you strong. Depend on His mighty power.”

Weekly Overview:

Lesson:	Topic:	Big Idea:
Lesson 1: April 17/18	The Armor of God Ephesians 6:10-19	The Armor of God makes me strong and brave.
Lesson 2: April 24/25	The Belt of Truth Caleb & Joshua – Numbers 13	I can believe what God says is true.
Lesson 3: May 1/2	The Armor of Godliness Daniel – Daniel 6	I can do what God says is right.
Lesson 4: May 8/9*	The Helmet of Salvation Jesus – Gen. 1-3, Matt. 27-28	Jesus saved me and I can follow him.
Lesson 5: May 15/16	The Good News Shoes Saul/Paul - Acts	I can tell everyone about Jesus.
Lesson 6: May 22/23	The Shield of Faith Gideon – Judges 6-7	I can always trust God.
Lesson 7: May 29/30	The Sword of the Spirit Jesus Tempted – Matt. 4:1-11	God's word is powerful and true.
Lesson 8: June 5/6	Prayer Church prays for Peter – Acts 12	I can pray all the time.

Strong and Brave

Series at a Glance for Kid-O-Deo (continued)

Lesson 1: The Armor of God

There are things in life that try to pull us away from God and the way he wants us to live. That's why God gives each one of us special armor we can put on each day. This week, we'll learn how this armor can make us strong and brave.

Lesson 2: The Belt of Truth

The Belt of Truth reminds us how important it is to know the difference between lies and God's truth. This week, we'll learn how Joshua and Caleb believed what God said was true, even when no one else did.

Lesson 3: The Armor of Godliness

The Armor of Godliness helps us remember that we can do the things God says are right. This week, we'll hear the story of Daniel and the difficult choice he had to make.

Lesson 4: The Helmet of Salvation

The Helmet of Salvation reminds us that God has saved us, forgiven us, and nothing can separate us from his love. This week, we'll hear about God's plan to save us and how all of us can choose to follow Jesus.

Lesson 5: The Good News Shoes

The Good News Shoes remind us to go and tell others the good news about Jesus. This week, we'll hear the story of Paul and how he traveled around the world telling everyone he could about Jesus.

Lesson 6: The Shield of Faith

The Shield of Faith reminds us that trusting God and believing his promises is so important. Just like a shield can protect someone in battle, trusting God can protect us when life gets difficult. This week, we'll hear how Gideon had faith in God as he went into a battle.

Lesson 7: The Sword of the Spirit

The Sword of the Spirit reminds us that God's word is powerful, just like a sword. We can know God's word by reading the Bible. This week, we'll hear the story of Jesus in the desert and how he used God's true words from the Bible when he was tempted to believe lies.

Lesson 8: Prayer

After Paul writes about the Armor of God, he talks about the importance of prayer. God hears our prayers, and we can talk to anytime and anywhere. This week, we'll hear the story of the church praying for Peter after he was thrown in jail.

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Lesson Outline for Kid-O-Deo

Lesson 1: The Armor of God

Lesson Segment	Total Running Time
Kid-O Playtime (10:00)	00:00-10:00
Transition Time (2:00)	
Opening Song (3:00)	
Introduction and Rules (2:00)	
Worship Song: Super Wonderful (3:00)	
Big Idea (2:00)	
Bible Adventure (6:00)	
Memory Verse (3:00)	
Worship Song: My God is #1 (3:00)	
Try it Out (5:00)	
Kid-O-Whampus (2:00)	
Prayer (2:00)	10:00-43:00
Transition Time (2:00)	
Group Time (15:00)	43:00-60:00



Video Cue



Slide Cue



Audio Cue



Tech Notes

Transition Time

2:00

Do This: 10 minutes after the start of the Adult Service, walk into every Pre-K Room and introduce yourself. Tell kiddos to follow the directions of their room leaders, clean up, line up, and that you will see them in a little bit in the large group room.

Know This: *You are these Kid-Os' experience of church!* Your tone, attitude, and actions are forming the way these kids think about God, church, and even people in general. You have the opportunity through what you do and say to create an environment where they feel welcome, included, and valuable!

Opening Song

3:00



(Roll when directed) Kid-O-Deo Theme Song Video



(Auto advance) Kid-O-Deo Slide

Introduction and Rules

2:00

Welcome everyone! My name is _____, and I'm super excited to see each and every one of you! During our time together, we'll get to sing a couple fun songs, learn a memory verse, and hear an awesome story. Before we do any of that, there are three important things for you to remember.

Know This: This is a great opportunity to set the tone and expectations for your time together. Kids like to know what's expected of them too—it helps them feel safe and secure. You can make this section informative, helpful, and fun all at the same time!

Rule #1: When I'm talking you are listening!

Let's put on our listening ears and turn them way up! On the count of three, let's practice our very best listening. Ready? 1, 2, 3!

Rule #2: Keep your hands and feet to yourself!

We want this to be a great place for all you leaders and Kid-Os, which means no poking, kicking, or bugging your neighbor. A good way to remember this rule is to: do a little clap and place your hands in your lap!

Rule #3: Stay in your spot!

You have a spot of your very own here in Kid-O-Deo, and it's right where you are sitting! It's important for us to stay in our spots, so that everyone can pay attention and have fun!

Great job listening to our rules. The rules are really great because they can help us learn and have lots of fun while we're here.

Worship

3:00

Now, we all get to sing together! Let's stand up and sing this song all about our super wonderful God!



Song 1: Super Wonderful



(Auto advance) Series Title Slide: Strong and Brave

Big Idea

2:00

I love singing with you, Kid-Os! You can sit down. We are in a series called "Strong and Brave." Have you ever wanted to be strong and brave like a superhero? When superheroes go on a mission, they wear special gear to help them and protect them. God made all of us to be heroes, too, and he gives us everything we need to be ready for each day. In this series, we'll learn how we can be strong and brave with The Armor of God.

Let's get started by practicing our "Big Idea." That's the super important thing we're learning about today!



Big Idea Jingle



(Auto advance) Big Idea Slide: The Armor of God makes me strong and brave.

The Big Idea is, “The Armor of God makes me strong and brave.” Let’s stand up and practice the big idea. I’ll say a part first and you can repeat after me. The Armor of God, THE ARMOR OF GOD. Makes me strong and brave, MAKES ME STRONG AND BRAVE. Great job! Alright, now let’s say it all together!

Do This: Show Kid-Os the actions and have them practice the Big Idea with you three times. Use a different voice each time. **Voice ideas for this week: loud giant, robot, and bouncing kangaroo.**

Know This: These are the Big Idea actions: (Place your hands in front of your face, palms out, then move them down in a rainbow motion) The Big Idea. (Touch head, shoulders, and hands at sides) The Armor of God, (flex muscles) makes me strong and brave.

Awesome job practicing our Big Idea! You can all sit down.

That Big Idea is so important, we’re going to say it several times today. Whenever you hear this superhero sound, it’s time to say our big idea!



Superhero Image and Sound

You can say it and still do the actions while sitting in your spot. Let’s practice!



Superhero Image and Sound

Let’s say the Big Idea together. THE BIG IDEA. THE ARMOR OF GOD MAKES ME STRONG AND BRAVE. Great job, Kid-Os!



Series Title Slide: Strong and Brave

Bible Adventure

5:00

Next, we get to learn more about the Armor of God by going on a Bible Adventure.



Bible Adventure Jingle

Do This: Show kids the Bible.

The Bible is the greatest book ever. It's full of words from God, and there are lots of true stories about people who loved God in the Bible, too! Today, we get to read part of a letter that Paul wrote to a church, telling them all about God's armor.

Do This: Get the Bible storybook out and sit down in the chair.

This story you are going to hear comes from the Bible, but we use this storybook because the pictures help us imagine what it might have looked like back when the Bible was written. The pictures you see in here are the same as the ones on the screen. Let's get started!

Do This: Have kids help you "turn" the pages on the screen with an exaggerated arm wave.



Picture 1: Paul writing a letter.

Paul was a man who loved and followed Jesus. God gave Paul a special mission to tell others all about Jesus and how they could follow him, too. Paul did this by traveling to different cities and by writing letters to churches. In one of Paul's letters, he told the people all about some special armor that God gives to everyone who follows Jesus. It isn't armor that we can see, but it's the things God gives us to protect us and help us follow him each day.



Picture 2: Belt of Truth.

Paul called the first piece of armor the 'Belt of Truth.' He was saying that truth is very important, just like a strong belt that holds all the other armor in place. In our lives, it can sometimes be hard to tell the difference between truth and lies. One of the most important things we can do as we follow God is to believe that what He says is true.



Picture 3: Armor of Godliness.

The next piece of armor Paul wrote about was the 'Armor of Godliness.' Paul was saying that obeying God and doing the things he says are right is like armor that protects us from making wrong choices.



Picture 4: Helmet of Salvation and Good News Shoes.

Paul continued his letter by writing about the ‘Helmet of Salvation’ and the ‘Good News Shoes’. The ‘Helmet of Salvation’ reminds us that God has saved us, loves us, and nothing can separate us from him. The ‘Good News Shoes’ remind us to go out into the world and tell other people about how much Jesus loves them!



Picture 5: Shield of Faith and Sword of the Spirit.

The final two pieces of armor that Paul writes about are the ‘Shield of Faith’ and the ‘Sword of the Spirit’. A shield is a piece of armor soldiers could trust to protect them in battle, just like we can put our trust in God no matter what happens! Finally, Paul writes that the ‘Sword of the Spirit’ is God’s Word, which is the Bible. Just like a sword, the words in the Bible are powerful and can help us be strong and brave in every situation.



Series Title Slide: Strong and Brave

Great listening, Kid-Os! All of those pieces of armor remind us that we can be strong and brave as we follow God. In fact, I think that’s what our Big Idea is about!



Big Idea Superhero Image and Sound

Oh, that’s our Big Idea sound! Let’s say our Big Idea together. **THE BIG IDEA. THE ARMOR OF GOD MAKES ME STRONG AND BRAVE.**

Great job! Now it’s time to learn more by practicing our new memory verse!

Memory Verse

3:00



Memory Verse Jingle



(Auto-advance) Memory Verse: Ephesians 6:10 – “Finally, let the Lord make you strong. Depend on His mighty power.”

Our Memory Verse comes from the Bible. This verse comes right before Paul writes about the Armor of God. It reminds us that God is the one who can make us strong and brave.

Do This: Read the verse from the screen.

When we decide to follow Jesus, God will give us strength and power. He will always help us and be with us.

Do This: Practice the verse with the Kid-Os three times. You can start in your quiet/whisper voice and then get a little louder each time you practice.

Know This: The verse with actions goes like this: (Open your Bibles) Ephesians 6:10. (Point up) “Finally, let the Lord (flex muscles) make you strong. (Point up) Depend on His (Hands on hips) mighty power.”

Worship

3:00

Everyone stay standing because we are going to sing another song together, all about our amazing God!



Song 2: My God is #1



(Auto advance) Series Title Slide: Strong and Brave

Try it Out

5:00

Awesome singing, everyone! You can sit down.



Big Idea Superhero Sound

Did you hear that? Let’s say our Big Idea together. THE BIG IDEA. THE ARMOR OF GOD MAKES ME STRONG AND BRAVE.

Great job, everyone. Now it's time to try out what we've been learning today.



Try it Out Jingle

Let's check in with our friend, Kristen. She's going to help us try out what we've learned about the Armor of God today.



Try It Out Media



(Auto advance) Series Title Slide: Strong and Brave

See you later, Kristen. Just like the firefighter wore special gear to protect him while fighting fires, God gives us special armor to protect us and help us follow him each day.



Big Idea Superhero Image and Sound

I know what that sound means! We need to say our Big Idea together one more time. Ready? THE BIG IDEA. THE ARMOR OF GOD MAKES ME STRONG AND BRAVE. Nice job, Kid-Os!

Kid-O-Whampus

2:00

We've almost finished for today, but there's one more fun thing to do, called Kid-O-Whampus! Stand up and let's all go Kid-O-Whampus together!



Kid-O-Whampus: Animal Moves

Prayer

2:00



"Let's Pray"

Now it's time for us to talk to God together. When we talk to God, it's called praying. You can talk to God anytime, anywhere, and about anything. God loves you and he is always listening to you. Let's put our hands in our laps and close our eyes to help us focus on what we're saying to God. If you want to, you can repeat this prayer after me.

Dear God, we love you. Thank you for loving us. Help us to be strong and brave with your special armor. Amen.



Kid-O-Deo Slide

It's been awesome being here with you, Kid-Os. Now it's time for you to go back to your rooms where you will get into groups with your leader and other Kid-Os, have a snack, and do a fun activity. Have a great group time!