

Strong and Brave Series at a Glance for Kid-O-Deo

About this Series:

Have you ever wanted to be strong and brave like a superhero? When superheroes go on a mission, they wear special gear to help them and protect them. God made all of us to be heroes, too, and he gives us everything we need to be ready for each day. In this series, we'll learn how we can be strong and brave with The Armor of God.

Key Verse:

Ephesians 6:10 – "Finally, let the Lord make you strong. Depend on His mighty power."

Weekly Overview:					
Lesson:	Topic:	Big Idea:			
Lesson 1: April 17/18	The Armor of God Ephesians 6:10-19	The Armor of God makes me strong and brave.			
Lesson 2: April 24/25	The Belt of Truth Caleb & Joshua – Numbers 13	I can believe what God says is true.			
Lesson 3: May 1/2	The Armor of Godliness Daniel – Daniel 6	I can do what God says is right.			
Lesson 4: May 8/9*	The Helmet of Salvation Jesus – Gen. 1-3, Matt. 27-28	Jesus saved me and I can follow him.			
Lesson 5: May 15/16	The Good News Shoes Saul/Paul - Acts	I can tell everyone about Jesus.			
Lesson 6: May 22/23	The Shield of Faith Gideon – Judges 6-7	I can always trust God.			
Lesson 7: May 29/30	The Sword of the Spirit Jesus Tempted – Matt. 4:1-11	God's word is powerful and true.			
Lesson 8: June 5/6	Prayer Church prays for Peter – Acts 12	I can pray all the time.			

Strong and Brave Series at a Glance for Kid-O-Deo (continued)

Lesson 1: The Armor of God

There are things in life that try to pull us away from God and the way he wants us to live. That's why God gives each one of us special armor we can put on each day. This week, we'll learn how this armor can make us strong and brave.

Lesson 2: The Belt of Truth

The Belt of Truth reminds us how important it is to know the difference between lies and God's truth. This week, we'll learn how Joshua and Caleb believed what God said was true, even when no one else did.

Lesson 3: The Armor of Godliness

The Armor of Godliness helps us remember that we can do the things God says are right. This week, we'll hear the story of Daniel and the difficult choice he had to make.

Lesson 4: The Helmet of Salvation

The Helmet of Salvation reminds us that God has saved us, forgiven us, and nothing can separate us from his love. This week, we'll hear about God's plan to save us and how all of us can choose to follow Jesus.

Lesson 5: The Good News Shoes

The Good News Shoes remind us to go and tell others the good news about Jesus. This week, we'll hear the story of Paul and how he traveled around the world telling everyone he could about Jesus.

Lesson 6: The Shield of Faith

The Shield of Faith reminds us that trusting God and believing his promises is so important. Just like a shield can protect someone in battle, trusting God can protect us when life gets difficult. This week, we'll hear how Gideon had faith in God as he went into a battle.

Lesson 7: The Sword of the Spirit

The Sword of the Spirit reminds us that God's word is powerful, just like a sword. We can know God's word by reading the Bible. This week, we'll hear the story of Jesus in the desert and how he used God's true words from the Bible when he was tempted to believe lies.

Lesson 8: Prayer

After Paul writes about the Armor of God, he talks about the importance of prayer. God hears our prayers, and we can talk to anytime and anywhere. This week, we'll hear the story of the church praying for Peter after he was thrown in jail.

Strong and Brave Lesson Outline for Kid-O-Deo

Lesson 2: The Belt of Truth

Lesson Segment	Total Running Time		
Kid-O Playtime (10:00)	00:00-10:00		
Transition Time (2:00)			
Opening Song (3:00)			
Introduction and Rules (2:00)			
Worship Song: Super Wonderful (3:00)			
Big Idea (2:00)			
Bible Adventure (6:00)			
Memory Verse (3:00)			
Worship Song: Praise the Lord Everyday (3:00)			
Try it Out (5:00)			
Kid-O-Whampus (2:00)			
Prayer (2:00)	10:00-43:00		
Transition Time (2:00)			
Group Time (15:00)	43:00-60:00		
Video Cue Slide Cue Audio Cue	Tech Notes		
		Strong and Brave Lesson 2 April 24/25	

Transition Time

Do This: 10 minutes after the start of the Adult Service, walk into every Pre-K Room and introduce yourself. Tell kiddos to follow the directions of their room leaders, clean up, line up, and that you will see them in a little bit in the large group room.

Know This: *You are these Kid-Os' experience of church!* Your tone, attitude, and actions are forming the way these kids think about God, church, and even people in general. You have the opportunity through what you do and say to create an environment where they feel welcome, included, and valuable!

Opening Song

(Roll when directed) Kid-O-Deo Theme Song Video

(Auto advance) Kid-O-Deo Slide

Introduction and Rules

Welcome everyone! My name is _____, and I'm super excited to see each and every one of you! During our time together, we'll get to sing a couple fun songs, learn a memory verse, and hear an awesome story. Before we do any of that, there are three important things for you to remember.

Know This: This is a great opportunity to set the tone and expectations for your time together. Kids like to know what's expected of them too—it helps them feel safe and secure. You can make this section informative, helpful, and fun all at the same time!

Rule #1: When I'm talking you are listening!

Let's put on our listening ears and turn them way up! On the count of three, let's practice our very best listening. Ready? 1, 2, 3!

Rule #2: Keep your hands and feet to yourself!

We want this to be a great place for all you leaders and Kid-Os, which means no poking, kicking, or bugging your neighbor. A good way to remember this rule is to: do a little clap and place your hands in your lap!

Rule #3: Stay in your spot!

3:00



2:00

You have a spot of your very own here in Kid-O-Deo, and it's right where you are sitting! It's important for us to stay in our spots, so that everyone can pay attention and have fun!

Great job listening to our rules. The rules are really great because they can help us learn and have lots of fun while we're here.

Worship

3:00

Now, we all get to sing together! Let's stand up and sing this song all about our super wonderful God!



Song 1: Super Wonderful

(Auto advance) Series Title Slide: Strong and Brave



2:00

I love singing with you, Kid-Os! You can sit down. We are in a series called "Strong and Brave." Have you ever wanted to be strong and brave like a superhero? When superheroes go on a mission, they wear special gear to help them and protect them. God made all of us to be heroes, too, and he gives us everything we need to be ready for each day. In this series, we'll learn how we can be strong and brave with The Armor of God.

Today, we're going to be learning about 'The Belt of Truth'. Let's all pretend we're putting on our superhero belt.

Do This: Pretend to put a belt around your waist and have the Kid-Os to copy you.

Rocky's wearing a belt, too!

Image of Rocky with a belt.

Strong and Brave Lesson 2 April 24/25 6 The 'Belt of Truth' helps us remember to believe what God says is true.

Now it's time to practice our "Big Idea." That's the super important thing we're learning about today!



Big Idea Jingle

(Auto advance) Big Idea Slide: I can believe what God says is true.

The Big Idea is, "I can believe what God says is true." That's what the 'Belt of Truth' helps us remember. Let's stand up and practice the big idea. I'll say a part first and you can repeat after me. I can believe, I CAN BELIEVE. What God says, WHAT GOD SAYS. Is true, IS TRUE. Great job! Alright, now let's say it all together!

Do This: Show Kid-Os the actions and have them practice the Big Idea with you three times. Use a different voice each time. **Voice ideas for this week: croaking frog, buzzing bee, barking dog.**

Know This: These are the Big Idea actions: (Place your hands in front of your face, palms out, then move them down in a rainbow motion) The Big Idea. (Point at self) I can believe, (point up) what God says, (Put index finger against lips and move finger forward a few inches – this is sign language for "true") is true.

Awesome job practicing our Big Idea! You can all sit down.

That Big Idea is so important, we're going to say it several times today. Whenever you hear this superhero sound, it's time to say our big idea!



Superhero Image and Sound

You can say it and still do the actions while sitting in your spot. Let's practice!



Superhero Image and Sound

Let's say the Big Idea together. THE BIG IDEA. I CAN BELIEVE WHAT GOD SAYS IS TRUE. Great job, Kid-Os!



Series Title Slide: Strong and Brave

Bible Adventure

Next, we get to learn more about the Armor of God by going on a Bible Adventure.



Do This: Show kids the Bible.

The Bible is the greatest book ever. It's full of words from God, and there are lots of true stories about people who loved God in the Bible, too! Today, we get to hear a story about two people who believed God, even when the people around them didn't. **Do This:** Get the Bible storybook out and sit down in the chair.

This story you are going to hear comes from the Bible, but we use this storybook because the pictures help us imagine what it might have looked like back when the Bible was written. The pictures you see in here are the same as the ones on the screen. Let's get started!

Do This: Have kids help you "turn" the pages on the screen with an exaggerated arm wave.



Picture 1: God's people following Moses in the wilderness.

God had just told a man named Moses to rescue his people from a land called Egypt, where they had been treated very badly by the king. God promised to bring his people to a new land, one that would be better than anything they could imagine. God's people followed Moses out of Egypt, but they had to walk a long way in what seemed like the middle of nowhere. The people started to complain, and they wondered if what God promised them was actually true.

Picture 2: Moses choosing twelve men to explore.

Wandering through the wilderness was difficult, and the people grew tired and felt discouraged at times. But God continued to lead them and give them everything they needed. Eventually, the people made it to the land God had promised them. Moses chose twelve men to explore the land to see what it was like. Is the land good or bad? Are the people there strong or weak? What are the towns like? These twelve men were going to find out!

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Picture 3: Exploring the new land.

The group explored the land for forty days and came back to tell the people what they saw. The men reported, "The land is amazing! It is just as wonderful as God promised." Then they paused for a minute and said, "There is a bit of a problem, though. The people who live there are big and scary. They are much stronger than us. We look like grasshoppers compared to them! If we try to enter the land, we'll be destroyed for sure."



Picture 4: Caleb and Joshua telling people to trust God

When God's people heard this, they were sad and afraid. They had come so far, but now they felt like it was a big mistake to leave Egypt. Should they turn around and head back? Then two of the men, named Joshua and Caleb, spoke up and talked to God's people. "Don't be afraid! We explored the land and it is very good! We believe that what God promised us is true. God will lead us into the land, and he will protect us." Caleb and Joshua believed that what God had told them was true, even when no one else did. God did what he promised and gave the land to his people.



Series Title Slide: Strong and Brave

Great listening, Kid-Os! Joshua and Caleb believed what God had told them was true. We can remember the Belt of Truth and believe what God says, too!



Big Idea Superhero Image and Sound

Oh, that's our Big Idea sound! Let's say our Big Idea together. THE BIG IDEA. I CAN BELIEVE WHAT GOD SAYS IS TRUE.

Next, it's time to practice our memory verse.

Memory Verse

3:00

Strong and Brave Lesson 2 April 24/25 9 Memory Verse Jingle

(Auto-advance) Memory Verse: Ephesians 6:10 – "Finally, let the Lord make you strong. Depend on His mighty power."

Our Memory Verse comes from the Bible. It reminds us that God is the one who gives us what we need to be strong and brave.

Do This: Read the verse from the screen.

Knowing and believing what God says is true can help make us strong.

Do This: Practice the verse with the Kid-Os three times. You can start in your quiet/whisper voice and then get a little louder each time you practice.

Know This: The verse with actions goes like this: (Open your Bibles) Ephesians 6:10. (Point up) "Finally, let the Lord (flex muscles) make you strong. (Point up) Depend on His (Hands on hips) mighty power."

Worship

3:00

Everyone stay standing because we are going to sing another song together, all about praising God every day.



Song 2: Praise the Lord Everyday



(Auto advance) Series Title Slide: Strong and Brave

Try it Out

5:00

Awesome singing, everyone! You can sit down.



Big Idea Superhero Image and Sound

Did you hear that? Let's say our Big Idea together. THE BIG IDEA. I CAN BELIEVE WHAT GOD SAYS IS TRUE.

Great job, everyone. Now it's time to try out what we've been learning today.

Try it Out Jingle

Let's check in with our friend, Kristen. She's going to help us try out what we've learned about the 'Belt of Truth'.



Try It Out Media

(Auto advance) Series Title Slide: Strong and Brave

See you later, Kristen. Kid-Os, I'm so glad we can know that everything God says is true.



Big Idea Superhero Image and Sound

I know what that sound means! We need to say our Big Idea together one more time. Ready? THE BIG IDEA. I CAN BELIEVE WHAT GOD SAYS IS TRUE. Nice job, Kid-Os!

Kid-O-Whampus

We've almost finished for today, but there's one more fun thing to do, called Kid-O-Whampus! Stand up and let's all go Kid-O-Whampus together!



Kid-O-Whampus: Balloon Blow-Up

Prayer

"Let's Pray"

Now it's time for us to talk to God together. When we talk to God, it's called praying. You can talk to God any time and about anything. God loves you and he is always



2:00

listening to you. Let's put our hands in our laps and close our eyes to help us focus on what we're saying to God. If you want to, you can repeat this prayer after me.

Dear God, we love you. Thank you for loving us. Help us to believe that what you say is true. Amen.



Kid-O-Deo Slide

It's been awesome being here with you, Kid-Os. Now it's time for you to go back to your rooms where you will get into groups with your leader and other Kid-Os, have a snack, and do a fun activity. Have a great group time!