

# STRONG BRAVE



# Strong and Brave

## Series at a Glance for Kid-O-Deo

### About this Series:

Have you ever wanted to be strong and brave like a superhero? When superheroes go on a mission, they wear special gear to help them and protect them. God made all of us to be heroes, too, and he gives us everything we need to be ready for each day. In this series, we'll learn how we can be strong and brave with The Armor of God.

### Key Verse:

Ephesians 6:10 – “Finally, let the Lord make you strong. Depend on His mighty power.”

### Weekly Overview:

Lesson:	Topic:	Big Idea:
Lesson 1: April 17/18	The Armor of God Ephesians 6:10-19	The Armor of God makes me strong and brave.
Lesson 2: April 24/25	The Belt of Truth Caleb & Joshua – Numbers 13	I can believe what God says is true.
Lesson 3: May 1/2	The Armor of Godliness Daniel – Daniel 6	I can do what God says is right.
Lesson 4: May 8/9*	The Helmet of Salvation Jesus – Gen. 1-3, Matt. 27-28	Jesus saved me and I can follow him.
Lesson 5: May 15/16	The Good News Shoes Saul/Paul - Acts	I can tell everyone about Jesus.
Lesson 6: May 22/23	The Shield of Faith Gideon – Judges 6-7	I can always trust God.
Lesson 7: May 29/30	The Sword of the Spirit Jesus Tempted – Matt. 4:1-11	God's word is powerful and true.
Lesson 8: June 5/6	Prayer Church prays for Peter – Acts 12	I can pray all the time.

# Strong and Brave

## Series at a Glance for Kid-O-Deo (continued)

### **Lesson 1: The Armor of God**

There are things in life that try to pull us away from God and the way he wants us to live. That's why God gives each one of us special armor we can put on each day. This week, we'll learn how this armor can make us strong and brave.

### **Lesson 2: The Belt of Truth**

The Belt of Truth reminds us how important it is to know the difference between lies and God's truth. This week, we'll learn how Joshua and Caleb believed what God said was true, even when no one else did.

### **Lesson 3: The Armor of Godliness**

The Armor of Godliness helps us remember that we can do the things God says are right. This week, we'll hear the story of Daniel and the difficult choice he had to make.

### **Lesson 4: The Helmet of Salvation**

The Helmet of Salvation reminds us that God has saved us, forgiven us, and nothing can separate us from his love. This week, we'll hear about God's plan to save us and how all of us can choose to follow Jesus.

### **Lesson 5: The Good News Shoes**

The Good News Shoes remind us to go and tell others the good news about Jesus. This week, we'll hear the story of Paul and how he traveled around the world telling everyone he could about Jesus.

### **Lesson 6: The Shield of Faith**

The Shield of Faith reminds us that trusting God and believing his promises is so important. Just like a shield can protect someone in battle, trusting God can protect us when life gets difficult. This week, we'll hear how Gideon had faith in God as he went into a battle.

### **Lesson 7: The Sword of the Spirit**

The Sword of the Spirit reminds us that God's word is powerful, just like a sword. We can know God's word by reading the Bible. This week, we'll hear the story of Jesus in the desert and how he used God's true words from the Bible when he was tempted to believe lies.

### **Lesson 8: Prayer**

After Paul writes about the Armor of God, he talks about the importance of prayer. God hears our prayers, and we can talk to anytime and anywhere. This week, we'll hear the story of the church praying for Peter after he was thrown in jail.

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## Lesson Outline for Kid-O-Deo

### Lesson 3: The Armor of Godliness

Lesson Segment	Total Running Time
Kid-O Playtime (10:00)	00:00-10:00
Transition Time (2:00)	
Opening Song (3:00)	
Introduction and Rules (2:00)	
Worship Song: Super Wonderful (3:00)	
Big Idea (2:00)	
Bible Adventure (6:00)	
Memory Verse (3:00)	
Worship Song: My God is #1 (3:00)	
Try it Out (5:00)	
Kid-O-Whampus (2:00)	
Prayer (2:00)	10:00-43:00
Transition Time (2:00)	
Group Time (15:00)	43:00-60:00



Video Cue



Slide Cue



Audio Cue



Tech Notes

## Transition Time

2:00

**Do This:** 10 minutes after the start of the Adult Service, walk into every Pre-K Room and introduce yourself. Tell kiddos to follow the directions of their room leaders, clean up, line up, and that you will see them in a little bit in the large group room.

**Know This:** *You are these Kid-Os' experience of church!* Your tone, attitude, and actions are forming the way these kids think about God, church, and even people in general. You have the opportunity through what you do and say to create an environment where they feel welcome, included, and valuable!

## Opening Song

3:00



*(Roll when directed)* Kid-O-Deo Theme Song Video



*(Auto advance)* Kid-O-Deo Slide

## Introduction and Rules

2:00

Welcome everyone! My name is \_\_\_\_\_, and I'm super excited to see each and every one of you! During our time together, we'll get to sing a couple fun songs, learn a memory verse, and hear an awesome story. Before we do any of that, there are three important things for you to remember.

**Know This:** This is a great opportunity to set the tone and expectations for your time together. Kids like to know what's expected of them too—it helps them feel safe and secure. You can make this section informative, helpful, and fun all at the same time!

*Rule #1: When I'm talking you are listening!*

Let's put on our listening ears and turn them way up! On the count of three, let's practice our very best listening. Ready? 1, 2, 3!

*Rule #2: Keep your hands and feet to yourself!*

We want this to be a great place for all you leaders and Kid-Os, which means no poking, kicking, or bugging your neighbor. A good way to remember this rule is to: do a little clap and place your hands in your lap!

*Rule #3: Stay in your spot!*

You have a spot of your very own here in Kid-O-Deo, and it's right where you are sitting! It's important for us to stay in our spots, so that everyone can pay attention and have fun!

Great job listening to our rules. The rules are really great because they can help us learn and have lots of fun while we're here.

## Worship

3:00

Now, we all get to sing together! Let's stand up and sing this song all about our super wonderful God!



Song 1: Super Wonderful



*(Auto advance)* Series Title Slide: Strong and Brave

## Big Idea

2:00

I love singing with you, Kid-Os! You can sit down. We are in a series called "Strong and Brave." Have you ever wanted to be strong and brave like a superhero? When superheroes go on a mission, they wear special gear to help them and protect them. God made all of us to be heroes, too, and he gives us everything we need to be ready for each day. In this series, we'll learn how we can be strong and brave with The Armor of God.

Today, we're going to be learning about the 'Armor of Godliness. Let's all pretend we're putting on our superhero armor to protect our heart.

**Do This:** Cross arms over your upper body, pretending to put armor over your heart.

Rocky's wearing it, too!



Image of Rocky with a breastplate.

The 'Armor of Godliness' reminds us that knowing the difference between right and wrong can protect our hearts from wrong choices. We can choose to obey God and do the things he says are right.

Now it's time to practice our "Big Idea." That's the super important thing we're learning about today!



Big Idea Jingle



*(Auto advance)* Big Idea Slide: I can do what God says is right.

The Big Idea is, "I can do what God says is right." Let's stand up and practice the big idea. I'll say a part first and you can repeat after me. I can do, I CAN DO. What God says, WHAT GOD SAYS. Is right, IS RIGHT. Great job! Alright, now let's say it all together!

**Do This:** Show Kid-Os the actions and have them practice the Big Idea with you three times. Use a different voice each time. **Voice ideas for this week: meowing cat, bouncing bunny, swimming.**

**Know This:** These are the Big Idea actions: (Place your hands in front of your face, palms out, then move them down in a rainbow motion) The Big Idea. (Point at self) I can do, (cup hands around mouth) what God says (put thumbs up) is right.

Awesome job practicing our Big Idea! You can all sit down.

That Big Idea is so important, we're going to say it several times today. Whenever you hear this superhero sound, it's time to say our big idea!



Superhero Image and Sound

You can say it and still do the actions while sitting in your spot. Let's practice!



Superhero Image and Sound

Let's say the Big Idea together. THE BIG IDEA. I CAN DO WHAT GOD SAYS IS RIGHT. Great job, Kid-Os!



Series Title Slide: Strong and Brave

Next, we get to learn more about the Armor of Godliness by going on a Bible Adventure.



Bible Adventure Jingle

**Do This:** Show kids the Bible.

The Bible is the greatest book ever. It's full of words from God, and there are lots of true stories about people who loved God in the Bible, too! Today, we get to hear a story about someone who had to make a very difficult choice between right and wrong.

**Do This:** Get the Bible storybook out and sit down in the chair.

This story you are going to hear comes from the Bible, but we use this storybook because the pictures help us imagine what it might have looked like back when the Bible was written. The pictures you see in here are the same as the ones on the screen. Let's get started!

**Do This:** Have kids help you "turn" the pages on the screen with an exaggerated arm wave.



Picture 1: The king making Daniel a leader.

Daniel was a man who loved and followed God. When he was very young, he was taken away from his home to live in a faraway land called Babylon (Bab-i-lon). As Daniel got older, God gave him special wisdom and the ability to understand dreams. Daniel became such a great leader that the king decided to put him in charge of all the other leaders in the entire kingdom!



Picture 2: Other leaders spying on Daniel.

When the other leaders heard about this, they were jealous and wanted to stop the king from putting Daniel in charge. The leaders spied on Daniel and tried to find something that Daniel did wrong, but they couldn't find anything. Daniel could always be trusted to do what was right. So, the leaders decided to come up with a

sneaky plan. They saw that Daniel loved God and prayed to him three times every day. “Let’s come up with a new law that will get Daniel in trouble!”, the leaders said.



Picture 3: Leaders and King making new law

The leaders ran to the king and said to him, “Let’s make a new law where no one is allowed to pray to anyone, except to you, oh wonderful King. If people don’t follow this law, they should be thrown into the lion’s den!” The king thought this sounded like a good idea, so he agreed and a law was made. When Daniel heard about the law, he knew it was wrong to pray to anyone except to God. What should Daniel do?



Picture 4: Daniel praying to God.

Daniel decided to do what God said was right, even if it meant being thrown into the lion’s den. So, he went into his room and prayed to God, just like he had always done. The other leaders ran and told the king, “Daniel’s not obeying your law!” The king was sad, because he really liked Daniel and he felt like the leaders had tricked him. But the law could not be changed, so Daniel was arrested and thrown into a den full of hungry lions. “May your God rescue you, Daniel!”, the king said.



Picture 5: Daniel in the lions’ den.

The next morning, the king ran to check on Daniel and found that he was alive and safe! “Did your God rescue you?”, the king asked. “Yes!”, Daniel replied. “God sent an angel to close the mouths of the lions so they wouldn’t hurt me!” As Daniel was lifted out of the den, he didn’t even have a scratch on him. Then, the king sent a message to the whole kingdom telling them to trust in Daniel’s God, the one who rescues his people.



Series Title Slide: Strong and Brave

Great listening, Kid-Os! Daniel chose to do what God said was right, even when it was really difficult. That’s what the Armor of Godliness reminds us of – we can do the things God says are right.



Big Idea Superhero Image and Sound

Oh, that's our Big Idea sound! Let's say our Big Idea together. THE BIG IDEA. I CAN DO WHAT GOD SAYS IS RIGHT.

Next, it's time to practice our memory verse!

## Memory Verse

3:00



Memory Verse Jingle



*(Auto-advance)* Memory Verse: Ephesians 6:10 – “Finally, let the Lord make you strong. Depend on His mighty power.”

Our Memory Verse comes from the Bible. It reminds us that God is the one who can make us strong and brave.

**Do This:** Read the verse from the screen.

God is the one who gives us the strength and power to obey him and do what is right.

**Do This:** Practice the verse with the Kid-Os three times. You can start in your quiet/whisper voice and then get a little louder each time you practice.

**Know This:** The verse with actions goes like this: (Open your Bibles) Ephesians 6:10. (Point up) “Finally, let the Lord (flex muscles) make you strong. (Point up) Depend on His (Hands on hips) mighty power.”

## Worship

3:00

Everyone stay standing because we are going to sing another song together, all about how we can always trust God.



Song 2: My God is #1



*(Auto advance)* Series Title Slide: Strong and Brave

## Try it Out

5:00

Awesome singing, everyone! You can sit down.



Big Idea Superhero Image and Sound

Did you hear that? Let's say our Big Idea together. THE BIG IDEA. I CAN DO WHAT GOD SAYS IS RIGHT.

Great job, everyone. Now it's time to try out what we've been learning today.



Try it Out Jingle

Let's check in with our friend, Kristen. She's going to help us try out what we've learned about the Armor of Godliness today.



Try It Out Media



*(Auto advance)* Series Title Slide: Strong and Brave

See you later, Kristen. The Armor of Godliness can help us remember to do the things God says are right. God will give us the strength to make right choices.



Big Idea Superhero Image and Sound

I know what that sound means! We need to say our Big Idea together one more time. Ready? THE BIG IDEA. I CAN DO WHAT GOD SAYS IS RIGHT. Nice job, Kid-Os!

## Kid-O-Whampus

2:00

We've almost finished for today, but there's one more fun thing to do, called Kid-O-Whampus! Stand up and let's all go Kid-O-Whampus together!



## Prayer

2:00



"Let's Pray"

Now it's time for us to talk to God together. When we talk to God, it's called praying. You can talk to God anytime, anywhere, and about anything. God loves you and he is always listening to you. Let's put our hands in our laps and close our eyes to help us focus on what we're saying to God. If you want to, you can repeat this prayer after me.

Dear God, we love you. Thank you for loving us. Help us to do the things you say are right. Amen.



Kid-O-Deo Slide

It's been awesome being here with you, Kid-Os. Now it's time for you to go back to your rooms where you will get into groups with your leader and other Kid-Os, have a snack, and do a fun activity. Have a great group time!