

STRONG BRAVE



Strong and Brave

Series at a Glance for Kid-O-Deo

About this Series:

Have you ever wanted to be strong and brave like a superhero? When superheroes go on a mission, they wear special gear to help them and protect them. God made all of us to be heroes, too, and he gives us everything we need to be ready for each day. In this series, we'll learn how we can be strong and brave with The Armor of God.

Key Verse:

Ephesians 6:10 – “Finally, let the Lord make you strong. Depend on His mighty power.”

Weekly Overview:

Lesson:	Topic:	Big Idea:
Lesson 1: April 17/18	The Armor of God Ephesians 6:10-19	The Armor of God makes me strong and brave.
Lesson 2: April 24/25	The Belt of Truth Caleb & Joshua – Numbers 13	I can believe what God says is true.
Lesson 3: May 1/2	The Armor of Godliness Daniel – Daniel 6	I can do what God says is right.
Lesson 4: May 8/9*	The Helmet of Salvation Jesus – Gen. 1-3, Matt. 27-28	Jesus saved me and I can follow him.
Lesson 5: May 15/16	The Good News Shoes Saul/Paul - Acts	I can tell everyone about Jesus.
Lesson 6: May 22/23	The Shield of Faith Gideon – Judges 6-7	I can always trust God.
Lesson 7: May 29/30	The Sword of the Spirit Jesus Tempted – Matt. 4:1-11	God's word is powerful and true.
Lesson 8: June 5/6	Prayer Church prays for Peter – Acts 12	I can pray all the time.

Strong and Brave

Series at a Glance for Kid-O-Deo (continued)

Lesson 1: The Armor of God

There are things in life that try to pull us away from God and the way he wants us to live. That's why God gives each one of us special armor we can put on each day. This week, we'll learn how this armor can make us strong and brave.

Lesson 2: The Belt of Truth

The Belt of Truth reminds us how important it is to know the difference between lies and God's truth. This week, we'll learn how Joshua and Caleb believed what God said was true, even when no one else did.

Lesson 3: The Armor of Godliness

The Armor of Godliness helps us remember that we can do the things God says are right. This week, we'll hear the story of Daniel and the difficult choice he had to make.

Lesson 4: The Helmet of Salvation

The Helmet of Salvation reminds us that God has saved us, forgiven us, and nothing can separate us from his love. This week, we'll hear about God's plan to save us and how all of us can choose to follow Jesus.

Lesson 5: The Good News Shoes

The Good News Shoes remind us to go and tell others the good news about Jesus. This week, we'll hear the story of Paul and how he traveled around the world telling everyone he could about Jesus.

Lesson 6: The Shield of Faith

The Shield of Faith reminds us that trusting God and believing his promises is so important. Just like a shield can protect someone in battle, trusting God can protect us when life gets difficult. This week, we'll hear how Gideon had faith in God as he went into a battle.

Lesson 7: The Sword of the Spirit

The Sword of the Spirit reminds us that God's word is powerful, just like a sword. We can know God's word by reading the Bible. This week, we'll hear the story of Jesus in the desert and how he used God's true words from the Bible when he was tempted to believe lies.

Lesson 8: Prayer

After Paul writes about the Armor of God, he talks about the importance of prayer. God hears our prayers, and we can talk to anytime and anywhere. This week, we'll hear the story of the church praying for Peter after he was thrown in jail.

Strong and Brave

Lesson Outline for Kid-O-Deo

Lesson 4: The Helmet of Salvation

Lesson Segment	Total Running Time
Kid-O Playtime (10:00)	00:00-10:00
Transition Time (2:00)	
Opening Song (3:00)	
Introduction and Rules (2:00)	
Worship Song: Super Wonderful (3:00)	
Big Idea (2:00)	
Bible Adventure (6:00)	
Memory Verse (3:00)	
Worship Song: Praise the Lord Everyday (3:00)	
Try it Out (5:00)	
Kid-O-Whampus (2:00)	
Prayer (2:00)	10:00-43:00
Transition Time (2:00)	
Group Time (15:00)	43:00-60:00



Video Cue



Slide Cue



Audio Cue



Tech Notes

Transition Time

2:00

Do This: 10 minutes after the start of the Adult Service, walk into every Pre-K Room and introduce yourself. Tell kiddos to follow the directions of their room leaders, clean up, line up, and that you will see them in a little bit in the large group room.

Know This: *You are these Kid-Os' experience of church!* Your tone, attitude, and actions are forming the way these kids think about God, church, and even people in general. You have the opportunity through what you do and say to create an environment where they feel welcome, included, and valuable!

Opening Song

3:00



(Roll when directed) Kid-O-Deo Theme Song Video



(Auto advance) Kid-O-Deo Slide

Introduction and Rules

2:00

Welcome everyone! My name is _____, and I'm super excited to see each and every one of you! During our time together, we'll get to sing a couple fun songs, learn a memory verse, and hear an awesome story. Before we do any of that, there are three important things for you to remember.

Know This: This is a great opportunity to set the tone and expectations for your time together. Kids like to know what's expected of them too—it helps them feel safe and secure. You can make this section informative, helpful, and fun all at the same time!

Rule #1: When I'm talking you are listening!

Let's put on our listening ears and turn them way up! On the count of three, let's practice our very best listening. Ready? 1, 2, 3!

Rule #2: Keep your hands and feet to yourself!

We want this to be a great place for all you leaders and Kid-Os, which means no poking, kicking, or bugging your neighbor. A good way to remember this rule is to: do a little clap and place your hands in your lap!

Rule #3: Stay in your spot!

You have a spot of your very own here in Kid-O-Deo, and it's right where you are sitting! It's important for us to stay in our spots, so that everyone can pay attention and have fun!

Great job listening to our rules. The rules are really great because they can help us learn and have lots of fun while we're here.

Worship

3:00

Now, we all get to sing together! Let's stand up and sing this song all about our super wonderful God!



Song 1: Super Wonderful



(Auto advance) Series Title Slide: Strong and Brave

Big Idea

2:00

I love singing with you, Kid-Os! You can sit down. We are in a series called "Strong and Brave." Have you ever wanted to be strong and brave like a superhero? When superheroes go on a mission, they wear special gear to help them and protect them. God made all of us to be heroes, too, and he gives us everything we need to be ready for each day. In this series, we'll learn how we can be strong and brave with The Armor of God.

Today, we're going to be learning about the 'Helmet of Salvation. Let's all pretend we're putting on our superhero helmet.

Do This: Pretend to put a helmet on your head.

Rocky is ready with his helmet, too!



Image of Rocky with a helmet.

When we ride a bike or a scooter, or when we play certain sports, we wear a helmet to protect our heads. The 'Helmet of Salvation' reminds us that Jesus protected us by saving us.

Now it's time to practice our "Big Idea." That's the super important thing we're learning about today!



Big Idea Jingle



(Auto advance) Big Idea Slide: Jesus saved me, and I can follow him.

The Big Idea is, "Jesus saved me, and I can follow him." Let's stand up and practice the big idea. I'll say a part first and you can repeat after me. Jesus saved me, JESUS SAVED ME. And I can follow him, AND I CAN FOLLOW HIM. Great job! Alright, now let's say it all together!

Do This: Show Kid-Os the actions and have them practice the Big Idea with you three times. Use a different voice each time. **Voice ideas for this week: Guitar player, Mooing cow, Wiggly worm**

Know This: These are the Big Idea actions: (Place your hands in front of your face, palms out, then move them down in a rainbow motion) The Big Idea. (Point up) Jesus saved me, (walk in place) and I can follow him.

Awesome job practicing our Big Idea! You can all sit down.

That Big Idea is so important, we're going to say it several times today. Whenever you hear this superhero sound, it's time to say our big idea!



Superhero Image and Sound

You can say it and still do the actions while sitting in your spot. Let's practice!



Superhero Image and Sound

Let's say the Big Idea together. THE BIG IDEA. JESUS SAVED ME, AND I CAN FOLLOW HIM. Great job, Kid-Os!



Bible Adventure

5:00

Next, we get to learn more about the Armor of God by going on a Bible Adventure.



Bible Adventure Jingle

Do This: Show kids the Bible.

The Bible is the greatest book ever. It's full of words from God, and there are lots of true stories about people who loved God in the Bible, too! Today, we get to hear a story about all about how Jesus saved us.

Do This: Get the Bible storybook out and sit down in the chair.

This story you are going to hear comes from the Bible, but we use this storybook because the pictures help us imagine what it might have looked like back when the Bible was written. The pictures you see in here are the same as the ones on the screen. Let's get started!

Do This: Have kids help you "turn" the pages on the screen with an exaggerated arm wave.



Picture 1: The Garden of Eden.

When God created the world, he made everything to be beautiful and good. He created everything we see in nature – the sun, moon, stars, trees, animals, and plants. Then God created people to be his friend and share the amazing world he made. Adam and Eve were the first people God created and they had a close friendship with God. Everything was wonderful until something happened that would change everything.



Picture 2: Snake in garden with Adam and Eve.

God's enemy found Adam and Eve in the garden and told them a lie. Suddenly, Adam and Eve weren't sure if God really loved them and wanted what was best for them. They believed the enemy's lie and decided to disobey God. In that moment, people

became separated from God and were no longer able to be close to him. But God had an amazing plan to save his people and become friends with them again.



Picture 3: Jesus came back to life

God's plan was to send his Son, Jesus, into the world to become human like us. Jesus came to show everyone what God was like. He did miracles, taught people important things about God, and showed people how to love others. Then, Jesus did something that no one else could do. He died on a cross to take our punishment for any wrong thing we will ever do. On the third day after Jesus died, he came back to life and proved that He was God's Son!



Picture 4: Jesus with other people.

When Jesus took the punishment that we deserved, he made a way for us to be close to God again. That is what the 'Helmet of Salvation' is all about. Jesus saved us by dying on the cross and if we choose to follow Jesus we will never be separated from God's amazing love.



Series Title Slide: Strong and Brave

Great listening, Kid-Os! Jesus saved us and made a way for us to be God's friend forever. That's what the Helmet of Salvation reminds us of – we have been saved by Jesus and can choose to follow him. When we do that, nothing will be able to separate us from God's love.



Big Idea Superhero Image and Sound

Oh, that's our Big Idea sound! Let's say our Big Idea together. THE BIG IDEA. JESUS SAVED ME AND I CAN FOLLOW HIM.

Memory Verse

3:00



Memory Verse Jingle



(Auto-advance) Memory Verse: Ephesians 6:10 – “Finally, let the Lord make you strong. Depend on His mighty power.”

Our Memory Verse comes from the Bible. This verse comes right before Paul writes about the armor of God. It reminds us that God is the one who can make us strong and brave.

Do This: Read the verse from the screen.

Jesus showed us his power when he died on the cross and came back to life. Jesus will give us power when we choose to follow him.

Do This: Practice the verse with the Kid-Os three times. You can start in your quiet/whisper voice and then get a little louder each time you practice.

Know This: The verse with actions goes like this: (Open your Bibles) Ephesians 6:10. (Point up) “Finally, let the Lord (flex muscles) make you strong. (Point up) Depend on His (Hands on hips) mighty power.”

Worship

3:00

Everyone stay standing because we are going to sing another song together, all about praising God.



Song 2: Praise the Lord Everyday



(Auto advance) Series Title Slide: Strong and Brave

Try it Out

5:00

Awesome singing, everyone! You can sit down.



Big Idea Superhero Image and Sound

Did you hear that? Let's say our Big Idea together. THE BIG IDEA. JESUS SAVED ME AND I CAN FOLLOW HIM.

Great job, everyone. Now it's time to try out what we've been learning today.



Try it Out Jingle

Let's check in with our friend, Kristen. She's going to help us try out what we've learned about the Armor of God today.



Try It Out Media



(Auto advance) Series Title Slide: Strong and Brave

See you later, Kristen. The Helmet of Salvation can help us remember how much God loves us. God loves us so much that he sent his Son, Jesus, into the world to save us. If you are ready to follow Jesus with your whole life, talk to your grown-up or a leader at church and they can help you make that amazing decision.



Big Idea Superhero Image and Sound

I know what that sound means! We need to say our Big Idea together one more time. Ready? THE BIG IDEA. JESUS SAVED ME AND I CAN FOLLOW HIM. Nice job, Kid-Os!

Kid-O-Whampus

2:00

We've almost finished for today, but there's one more fun thing to do, called Kid-O-Whampus! Stand up and let's all go Kid-O-Whampus together!



Kid-O-Whampus: Musical Kid-Os

Prayer

2:00



“Let’s Pray”

Now it’s time for us to talk to God together. When we talk to God, it’s called praying. You can talk to God any time and about anything. God loves you and he is always listening to you. Let’s put our hands in our laps and close our eyes to help us focus on what we’re saying to God. If you want to, you can repeat this prayer after me.

Dear God, we love you. Thank you for loving us. Thank you for saving us so we could be your friend forever. Amen.



Kid-O-Deo Slide

It’s been awesome being here with you, Kid-Os. Now it’s time for you to go back to your rooms where you will get into groups with your leader and other Kid-Os, have a snack, and do a fun activity. Have a great group time!