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March 17/18 - Genuine Faith - Jason Strand

Faith is something that most of us are familiar with on some level. We have faith that our car will start or that the meteorologist will be right in their weather predictions. But faith in Christ is a little different. It means believing in something we can't see and trusting God even when life isn't going well. And this kind of faith—well, it'll change your life.

Discussion Questions

1. If you were to plan a day that was all about rest and relaxation, what would it look like? **Read Jeremiah 6:16**. In what circumstances are you able to truly find rest for your soul?
2. Genuine faith is the ability to trust God even when life isn't going well. What are some things in your life right now that make it hard for you to trust in God's plan? What would it look like to trust God in that area?
3. **Read Hebrews 11:1**. In your own life how has God shown Himself to be real?
4. In what circumstance or area of life is God calling you to trust Him? How easy or difficult is it for you to have faith in the face of trials or suffering?

Challenge

What uncertainties are you facing right now? What are you worried about? This week, cast them onto God. Trust Him with those fears and uncertainties, pray about your circumstances, and ask God to guide and sustain you. Write out your prayers, and then as time goes by, make note of the ways God shows up in these circumstances—how He changes them (or changes you) when you give Him those worries.

Commit to Memory

Cast your cares on the Lord and He will sustain you; He will never let the righteous be shaken. **Psalms 55:22**