



TECHNICOLOR



Group Time Guide

Supplies Needed: Tongue twister page

1. Getting Started

Ask kids: What's the longest time you've ever been in a car or plane?

2. Discussion Questions

- What difficult thing is coming up for Gabby? (Moving away from her friends.)
- Can you think of anything you've done that took "endurance"? (Endurance means trying something over and over again, even when it's difficult.) (Running a race, practicing an instrument, being patient.)

3. Hands-On Option

Look Up and Read: James 1:2-4. These verses are about keeping on going through difficult things. They say we can be happy about difficult things, because they make us stronger. Having the "strength to continue" is another way of saying "having endurance."

Do This: Try saying each of the tongue twisters with the kids. Practice each of them several times, until you can get it.

Discuss: Was it easier to say the tongue twister the first time, or after practicing it several times?

Discuss: We use endurance to keep on running in a race, to keep on practicing an instrument or an art (or even a tongue twister), and to keep on going when life gets tough. What are some ways we could have endurance and keep on doing the right things when we disagree with a friend? (Talk with them, listen to them, forgive them.) How could we have endurance if we've argued with our parents, and we're all upset? (Choose to listen and obey, talk calmly with them, respect them.)

The Point: The reason we can have endurance is that God is always with us. We never have to go through difficult things alone, because He will never leave us.

4. Wrap-Up and Prayer

Ask: What's something you're excited about right now? What's something you feel like you need endurance for?

Do This: Pray with the kids.