





Group Time Guide

Supplies Needed: Seed packets, "play it forward" cards."

1. Getting Started

Ask: If you could only eat one food for a whole month, what would you pick?

2. Discussion Questions

- What are some examples of easy choices we get to make?
- What are some tough choices we might have to make?

3. Hands-On Option

Look Up and Read: Galatians 6:7-10. These verses are about the ways our different choices lead us.

Say This: Paul, the writer of this verse, is using the example of planting good and bad seeds. Back then, many people were farmers, and they knew if you planted weeds on your farm, weeds would grow. If you planted good plants, though, good things would grow. It's kind of the same in our lives. Imagine, every choice we make is like planting a seed.

Do This: Show kids two seed packets.

Say This: Our wrong choices are like planting weeds, hurtful plants with thorns. When we make those choices, it's like we're spreading those seeds around. But seeds don't grow right away, do they? So sometimes we may think: "It's no big deal I did that wrong thing," or "I got away with lying that time," or "It doesn't matter that I watched that movie my parents wouldn't have wanted me to. We think "It's not hurting anyone." What we forget is that these bad seeds grow, and grow, and grow, until they've taken over our lives, and that impacts the lives of people around us.

Do This: Read the "Play it forward" cards and talk about what might happen in each of those stories, based on the choices you make.

The Point: Our choices make a big difference, whether we see it right away or not.

4. Wrap-Up and Prayer

Ask: What was the best part of your week? What was something tough that happened? **Do This**: Pray with the kids.